



## The YEP Pages – Children’s Mental and Physical Health

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Agency Name: Allan Hancock College

**Program Name: Counseling Department/AHC-S.M.\***

Phone: (805) 922-6966 x3290 Main Line    Preschool  
(805) 922-9586 FAX

Address: Allan Hancock College, 800 South College Drive  
Santa Maria, CA 93454

Description: Academic, vocational and career counseling, personal development courses and group counseling focus on college survival training, career planning and undecided majors. Personal, emotional and mental health situations handled on a crisis intervention basis followed by referral.

Area Served: Cities: Lompoc, Santa Barbara, Santa Maria, Santa Ynez. Sections of County: Santa Barbara County

Continuing Education: Yes

Eligibility: College students only

Employment Opportunities: Yes

Fees: No cost

Hours: 8 a.m.-4:30 p.m. M and Th, 8 a.m.-6 p.m. Tu and Wed, 8 a.m.-4 p.m. F

Intake: Walk-in, by appointment or by telephone

Languages: Spanish

Spaces Available: Yes

Transportation: Public

Wheelchair accessible: Yes

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Agency Name: American Diabetes Association

**Program Name: American Diabetes Association-S.B.\***

Phone: (800) 828-8293 Main Line  
(323) 966-2890 Main Line    National  
(323) 966-2790 FAX

Address: 6300 Wilshire Boulevard, Suite 100  
Los Angeles, CA 90048

Description: All services are provided through Los Angeles. Provides free literature on diabetes in English and Spanish. Offers classes and seminars on diabetes control, individual peer counseling, adult support groups, youth/parent support groups, and listings of physicians, dieticians and diabetes educators. Summer camps for insulin dependent youth are available. Trained speakers on diabetes and its complications are available to interested groups.

Website: [www.diabetes.org](http://www.diabetes.org)

Area Served: Cities: Lompoc, Santa Barbara, Santa Maria, Santa Ynez. Sections of County: Santa Barbara County



Ages Served: All ages  
Hours: 8:30 a.m.-5 p.m. M-F  
Languages: Spanish  
Transportation: Public  
Wheelchair accessible: Yes

**Program Name: SUP.GRP.:Diabetes Support Group-S.B.**

Phone: (805) 687-8915 Main Line  
Address: Sansum Medican Research Institute, 2219 Bath Street  
Santa Barbara, CA 93105

Description: The purpose of the group is to share experiences, concerns, questions and information, diet and exercise for adults with Type 1 or Type 2 diabetes. Interested family members are welcome to attend meetings. Members should bring their sack lunches to eat during the meeting.

Area Served: Sections of County: South County  
Fees: Free  
Hours: 12-2 p.m. 1st F of month

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Agency Name: American Heart Association-S.B.

**Program Name: American Heart Association-S.B.**

Phone: (805) 963-8862 Main Line Santa Barbara County  
(805) 963-8866 FAX  
Address: P.O. Box 636  
Santa Barbara, CA 93102-0636

Description: Provides professional education, public health information, community projects and funds necessary for heart and stroke research programs and patient education. Resource for Mended Hearts, Inc. in Santa Barbara and Project Re-entry (stroke re-socialization project) in Santa Barbara.

Website: [www.americanheart.org](http://www.americanheart.org)

Area Served: Cities: Lompoc, Santa Barbara, Santa Maria, Santa Ynez. Sections of  
County: Santa Barbara County

Ages Served: All ages  
Employment Opportunities: Yes  
Hours: 8:30 a.m.-12 p.m., 1-5 p.m. M-F  
Transportation: Public  
Wheelchair accessible: Yes

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Agency Name: American Indian Health and Services

**Program Name: American Indian Health & Services-S.B.\***

Phone: (805) 681-7356 Administration Community Health Services  
(805) 681-7144 Medical Clinic Medical Clinic  
(805) 681-7358 FAX

Address: 4141 State Street, Suite A-1  
Santa Barbara, CA 93110

Description: Provides medical and dental services, social services and referrals to American Indians living in Santa Barbara. Provides substance abuse



counseling (in group settings or individually), outreach, transportation and health promotion/disease prevention education. Elders program and Youth program stresses self esteem through academic success and cultural awareness.

Area Served: Cities: Lompoc, Santa Barbara, Santa Maria, Santa Ynez. Sections of County: Santa Barbara County

Ages Served: All ages

Continuing Education: Yes

Early Intervention Assmt: Yes

Eligibility: Healthy Families services to natives and non-natives

Employment Opportunities: Yes

Fees: MediCal/Medicare and private insurance accepted

Hours: Clinic 9 a.m.-7 p.m. M-Th; 8:30 a.m.-1 p.m. F

Intake: Complete intake form to access services, counseling by appointment only

Languages: Spanish

Medi-Cal, Medicare: Yes

Sliding Scale: Yes

Transportation: Public

TTY: Yes

Wheelchair accessible: Yes

**Program Name: Clinic on Wheels-S.CNTY**

Phone: (805) 895-9077 Main Line

Description: Provides health screenings to children in preschool through high school without medical insurance. Screenings include checking height, weight, vision, hearing, and asthma. Primary goal is to get eligible children enrolled in health coverage offered through government-funded programs

Area Served: Sections of County: South County

Fees: Free

Hours: Call for information

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Agency Name: California Dental Association

**Program Name: Dental Society, Santa Barbara and Ventura Counties**

Phone: (800) 322-6384 Main Line Denti-Cal Beneficiary Services

(805) 656-3166 Main Line Ventura

(805) 684-1220 Main Line Santa Barbara

(805) 648-5154 FAX

Address: 1607 East Thompson Boulevard  
Ventura, CA 93001

Description: Makes referrals to local Dentists who are members of the Dental Society. The Early Childhood Oral Health program is available. Offers peer review for member dentist complaints and 24-hour emergency referral services. Provides a listing of dentists giving senior discounts.

Area Served: Sections of County: South County

Ages Served: 60+



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Eligibility: 60+ senior, less than \$20,000 annual income for the entire household.  
Fees: None  
Hours: 9 a.m.-12 p.m. & 2-4 p.m. M-F  
Wheelchair accessible: Yes

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Agency Name: Casa Pacifica

**Program Name: Safe Alternatives For Treating Youth (SAFTY)-  
CNTY\***

Phone: (888) 334-2777 24 Hour Hotline

Address: 124 Carmen Lane, Suite J  
Santa Maria, CA 93458

Description: Provides assistance to families with a child experiencing mental health crisis issues (suicide, self-harm urges, aggressive towards care-takers, etc.). Staff provides immediate assistance by telephone and, if necessary, will respond to the home within 60 minutes. Assists family in accessing long-term mental health treatment if necessary, and will continue providing in-home support until family starts long-term mental health services.

Area Served: Cities: Lompoc, Santa Barbara, Santa Maria, Santa Ynez. Sections of  
County: Santa Barbara County

Ages Served: 0-21

Case Management: Yes

Employment Opportunities: Yes

Fees: Medi-Cal if applicable; otherwise, free

Hours: 24 hours/7 days a week

Intake: Call hotline

Languages: Spanish

Medi-Cal, Medicare: Yes

Number Served: 30/mo

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Agency Name: Child Abuse Listening Mediation

**Program Name: Great Beginnings-S.B.\***

Phone: (805) 965-2376 Main Line Office  
(805) 963-6707 FAX

Address: P.O. Box 90574  
Santa Barbara, CA 93190-0574

Description: Family support, home visitation program serving families and their children prenatally-5 years of age. Families are offered regular home visits to promote positive parenting, enhance child health and development, increase protective factors and support systems and facilitate attachment and bonding. Postpartum distress support services are now available including mother-to-mother support group and individual/couples therapy.

Website: [www.calm4kids.org](http://www.calm4kids.org)

Area Served: Cities: Lompoc, Santa Barbara, Santa Maria, Santa Ynez. Sections of  
County: Santa Barbara County

Ages Served: Pre-natal-5



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Case Management: Yes  
Continuing Education: Yes  
Early Intervention Assmt: Yes  
Eligibility: Families at risk of abuse or neglect, and families in need of support with young children, pre-natal to 5 years.  
Fees: Sliding scale, insurance and Medi-Cal accepted  
Hours: 9 a.m.-8 p.m. M-Th, 9 a.m.-6 p.m. F, 9 a.m.-2 p.m. Sa, Switchboard: 9 a.m.-5 p.m. M-F only  
Intake: Contact Deborah Holmes LCSW  
Languages: Spanish  
Medi-Cal, Medicare: Yes  
Sliding Scale: Yes  
Transportation: Public, Provided  
TTY: Yes  
Wheelchair accessible: Yes

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Agency Name: Children's Neurobiological Solutions Foundation, Inc.

**Program Name: Children's Neurobiological Solutions Foundation, Inc.-S.B.**

Phone: (805) 965-8838 Main Line  
(866) 267-5580 Main Line Toll Free  
(805) 963-6633 FAX

Address: 1726 Franceschi Road  
Santa Barbara, CA 93103

Description: The Foundation's mission is to expand knowledge about the developing brain through cutting edge, collaborative research and expedite the creation of effective brain repair treatments and therapies for children across the broad spectrum of neurodevelopmental abnormalities, injuries to the nervous system and related neurological problems. Also provides families and health care providers with user-friendly access to state-of-the-art information and education to support their decision-making processes. The website offers a bi-monthly e-newsletter with the latest neuroscience and foundation news. A printed newsletter goes out annually. Has developed regional fundraising groups in California (San Juan, Capistrano, Orange County, Santa Barbara, Monterey and Los Angeles), New York, New Jersey, Ohio, Illinois (Chicago).

Website: [www.cnsfoundation.org](http://www.cnsfoundation.org)

Area Served: Sections of County: South County

Hours: Winter hours: 9 a.m.-5 p.m. Summer hours: 8 a.m.-5 p.m.

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Agency Name: Community Action Commission of Santa Barbara County

**Program Name: Community Action Commission of Santa Barbara-CNTY\***



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Phone: (805) 740-4555 Main Line  
(800) 655-0617 Toll Free HEAP/Utility Assistance  
(805) 740-4558 FAX

Address: 120 West Chestnut  
Lompoc, CA 93436

Description: Administers programs to improve living conditions for low-income persons and to help them become self-sufficient. Programs include home weatherproofing and utility assistance, early care and education for families with children ages 0-5, teen pregnancy prevention and other issues for at-risk youth, mentoring emancipating foster care youth, foster care placement services, mental health services (part of the Children's System of CARE) and nutrition education services, including home-delivered mobile meals and congregate meals for seniors.

Website: [www.cacsb.com](http://www.cacsb.com)

Area Served: Cities: Lompoc, Santa Barbara, Santa Maria, Santa Ynez. Sections of  
County: Santa Barbara County

Ages Served: All ages

Case Management: Yes

Hours: 8:30 a.m.-5 p.m. M-F

Languages: Spanish

Transportation: Provided, Public

Wheelchair accessible: Yes

### **Program Name: Community Action Commission-S.B.\***

Phone: (805) 740-4555 Main Line Mid County Office  
(805) 922-2243 Main Line North County Office  
(805) 964-8857 Main Line  
(800) 655-0617 Toll Free 24 Hour Hotline  
(805) 683-5872 FAX

Address: 5638 Hollister Avenue, Suite 110  
Goleta, CA 93117

Description: Administers programs in North, Central and South county to improve living conditions for low-income persons and to help them become self-sufficient. Programs include: Environmental Services Program, Head Start/Child Development, Senior Nutrition Services, Summer Food, Homeless Education/Liaison Project, Family/Youth Services. Summer meals are provided at 11 local sites for low-income children to age 18. CAC has 40 service sites throughout Santa Barbara County. Home Energy Assistance Program (HEAP), utility bill assistance Wednesdays at 5638 Hollister Avenue, Suite 320.

Website: [www.cacsb.com](http://www.cacsb.com)

Area Served: Sections of County: South County

Ages Served: All ages

Case Management: Yes

Early Intervention Assmt: Yes



Employment Opportunities: Yes  
Fees: Free for most families, based on income; sliding scale  
Hours: 8:00 a.m.-5:00 p.m. M-F  
Intake: Application, proof of income, children's birth certificate, current immunization record, and current physical exam.

Languages: Spanish  
Medi-Cal, Medicare: Yes  
Number Served: 1100  
Sliding Scale: Yes  
Transportation: Public  
Waiting List: Yes  
Wheelchair accessible: Yes

**Program Name: Nutrition Services-S.B.\***

Phone: (805) 683-4458 Main Line Nutrition Services  
(805) 683-8959 FAX  
Address: 315 Camino Del Remedio  
Goleta, CA 93117

Description: Provides food service to the Community Action Commission's social service programs. Offers meal plans and catering to other organizations in need of affordable food services on a one-time or ongoing contract basis. Back Door Deli offers in-house dining and catering M-F, 7 a.m.-3:30 p.m. Senior Nutrition program at various sites M-F, 11 a.m.-1 p.m. Mobile meal program for those that are homebound age 60 and older. Summer Food Service Program sponsor and vendor.

Area Served: Sections of County: South County  
Ages Served: All ages  
Fees: Vary  
Hours: 7 a.m.-5 p.m. M-F  
Languages: Spanish  
Wheelchair accessible: Yes

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Agency Name: Community Counseling Center

**Program Name: Community Counseling Center-S.B.\***

Phone: (805) 962-3363 Main Line  
(805) 568-1451 FAX Call first  
(805) 568-1451 FAX

Address: 923 Olive Street, Suite 1  
Santa Barbara, CA 93101

Description: Provides quality, affordable counseling services to individuals, couples, children and families or varying incomes throughout Santa Barbara County. Offers educational outreach projects that reflect the psychological and social concerns of the people in the community. Intern staff consists of approximately 20 graduate students who, under close supervision of



licensed clinical staff, are obtaining their 3,000 hours required for California State licensing as marriage, family and child counselors.

Area Served: Cities: Lompoc, Santa Barbara, Santa Maria, Santa Ynez. Sections of County: Santa Barbara County

Ages Served: All ages

Continuing Education: Yes

Fees: Sliding scale

Hours: 9 a.m.-9 p.m. M-F, 9 a.m.-2 p.m. Sa

Languages: Spanish

Sliding Scale: Yes

Wheelchair accessible: Yes

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Agency Name: Cottage Health System

**Program Name: Cottage Children's Hospital**

Phone: (805) 569-7273 Main Line

Address: P.O. Box 689  
Santa Barbara, CA 93102-0689

Description: A regional referral center for the medical needs of infants, toddlers and children from throughout the tri-county area. It consists of a 22-bed neonatal intensive care unit, an 8-bed pediatric intensive care unit, and an 18-bed pediatric medical-surgical unit for the general care of the sick child. It also includes a pediatric hematology-oncology program for early diagnosis and ongoing treatment of young patients with cancer or blood disorder.

Area Served: Cities: Lompoc, Santa Barbara, Santa Maria, Santa Ynez. Sections of County: Santa Barbara County

Ages Served: 0-18 years old (Pediatric, PICU, NICU)

Case Management: Yes

Early Intervention Assmt: Yes

Employment Opportunities: Yes

Hours: 24 hours/ 7 days

Medi-Cal, Medicare: Yes

TTY: Yes

Wheelchair accessible: Yes

**Program Name: Cottage Health System Liberty Tattoo Removal**

**Program-S.B.\***

Phone: (805) 563-9294 Main Line

(805) 879-8827 FAX

Address: Pueblo at Bath, P.O. Box 689  
Santa Barbara, CA 93102-0689

Description: Voluntary program for those wishing to make a positive change in their lives by removing, by laser, anti-social or gang tattoos. Participants must be willing to adhere to the parameters of the program which includes 10 hours



of community service for each treatment by the participants prior to each treatment.

Area Served: Cities: Lompoc, Santa Barbara, Santa Maria, Santa Ynez. Sections of County: Santa Barbara County

Ages Served: All Ages

Continuing Education: Yes

Early Intervention Assmt: Yes

Eligibility: Persons who have anti-social/gang tattoos that prevent them from securing employment or furthering their education

Employment Opportunities: Yes

Fees: None

Hours: Vary

Transportation: Public

Waiting List: Yes

Wheelchair accessible: Yes

**Program Name: Goleta Valley Cottage Hospital\***

Phone: (805) 967-3411 x200 Main Line  
(805) 681-6437 FAX

Address: 351 South Patterson Avenue  
Santa Barbara, CA 93111

Description: General and acute hospital services. 24 hours/7 days emergency or immediate care center. Offers Lifeline, Breast Care Center and the Subacute Unit. Bicycle helmets can be purchased at the Emergency Room for \$9.

Area Served: Cities: Lompoc, Santa Barbara, Santa Maria, Santa Ynez. Sections of County: Santa Barbara County

Ages Served: All ages

Case Management: Yes

Continuing Education: Yes

Early Intervention Assmt: Yes

Employment Opportunities: Yes

Fees: Vary with service

Hours: 24 Hours/7 days

Languages: Spanish

Medi-Cal, Medicare: Yes

Spaces Available: Yes

Transportation: Public

Wheelchair accessible: Yes

**Program Name: Santa Barbara Cottage Hospital\***

Phone: (805) 879-8967 Main Line Flu Shot (seasonal)  
(805) 879-8980 Main Line Public Affairs Office  
(805) 569-8229 Main Line CPR and Childbirth Education  
(805) 569-8339 Main Line Psychiatric/chemical dependency



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(805) 682-7111 Main Line      Emergency Psychiatric Services  
(805) 879-8978 FAX

Address: P.O. Box 689  
Santa Barbara, CA 93102-0689

Description: Short term acute care hospital and trauma center with teaching facilities. Medical social services available include supportive counseling for patient and family and assistance in planning post-hospital care. Home Health Care referrals provided, including IV Therapy, NICU (Neonatal Intensive Care Unit) and Psychiatric Unit. Chemical Dependency Unit available. Community wellness program, patient and family support groups also offered. Bicycle helmets can be purchased at the Emergency Room for \$9. TDD accessible 805-687-4280. Volunteer training and opportunities available. Call Pat Doherty, volunteer services, 569-7357.

Website: [www.cottagehealthsystem.org](http://www.cottagehealthsystem.org)

Area Served: Sections of County: South County

Ages Served: All ages

Case Management: Yes

Continuing Education: Yes

Early Intervention Assmt: Yes

Employment Opportunities: Yes

Fees: Daily hospital rate, MediCal/Medicare, private insurance, \$10 CPR materials

Hours: Hospital: 24 Hours/7 days

Languages: Interpretation services available

Medi-Cal, Medicare: Yes

Spaces Available: Yes

Transportation: Public

TTY: Yes

Wheelchair accessible: Yes

### **Program Name: Santa Ynez Valley Cottage Hospital-S.Y.\***

Phone: (805) 688-6431 Main Line  
(805) 686-5561 FAX

Address: 700 Alamo Pintado Road  
Solvang, CA 93463

Description: A 20 bed acute care hospital with 24 hour emergency room services. A physician is on the premises at all times. Offers the following: monitored care unit, fully equipped medical laboratory, swing bed program, inpatient physical therapy, inpatient speech therapy, in patient and out-patient surgery, x-ray and ultrasound, mammography, CT scanner, and cardiopulmonary rehabilitation program.

Website: [www.sbch.org](http://www.sbch.org)

Area Served: Sections of County: Central County

Continuing Education: Yes

Early Intervention Assmt: Yes



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Employment Opportunities: Yes  
Fees: MediCal, Medicare and private insurance accepted  
Hours: 24 hours/7 days  
Languages: Spanish, multiple language service  
Medi-Cal, Medicare: Yes  
Transportation: Provided, Public  
TTY: Yes  
Wheelchair accessible: Yes

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Agency Name: Council on Alcoholism and Drug Abuse

**Program Name: HIV/AIDS Education and Prevention- S.B.\***

Phone: (805) 564-6057 x112 Main Line Isabel  
(805) 963-8849 FAX

Address: P.O. Box 28  
Santa Barbara, CA 93102

Description: Provides HIV/AIDS education and prevention and HIV testing to populations at risk for HIV transmission/infection. Outreach efforts target substance users, their families and the general community.

Area Served: Cities: Lompoc, Santa Barbara, Santa Maria, Santa Ynez. Sections of  
County: Santa Barbara County

Hours: 8:30 a.m.- 5 p.m. M-F

Intake: Drop-in

Languages: Spanish

Transportation: Public

Wheelchair accessible: Yes

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Agency Name: Diabetes Resource Center of Santa Barbara County

**Program Name: Diabetes Resource Center of Santa Barbara County\***

Phone: (805) 687-5586 Main Line  
(805) 563-4629 FAX

Address: 1704 State Street  
Santa Barbara, CA 93101

Description: Dedicated to providing the Santa Barbara community with diabetes prevention and management services for those individuals with diabetes. Community dedication focus is on diabetes prevention, personal risk assessment and awareness. The DRC sponsors a nationally approved program which aims at reducing obesity and promotes public awareness for persons with diabetes in both Carpinteria and Santa Barbara. In addition, the organization sponsors diabetes management classes to enhance individual success in managing the disease. All programs are free to the Santa Barbara community and individuals are encouraged to call the office for current offerings.

Website: [www.sbdrc.org](http://www.sbdrc.org)

Area Served: Cities: Lompoc, Santa Barbara, Santa Maria, Santa Ynez. Sections of  
County: Santa Barbara County



Ages Served: All ages  
Hours: 9 a.m.-4:30 p.m. M-F  
Languages: Spanish  
Transportation: Public  
Wheelchair accessible: Yes

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Agency Name: Dorothy Jackson Family Center

**Program Name: Healthy Start-Dorothy Jackson Resource Center-Lompoc\***

Phone: (805) 737-3200 Main Line  
(805) 737-3206 FAX  
Address: 501 North W Street  
Lompoc 93436

Description: Open to all families with children in the Lompoc community. Offers referral services and assistance in accessing community resources such as basic needs, dental preventative and treatment services (including translation and transportation) for no fee. Offers adult education classes, including computer instruction, English as a Second Language, craft classes, parenting education and case management services. Other programs provided are, Preschool FAST, Healthy Beginnings/Prop 10, Parental Care and Education and Healthy Families/MediCal.

Area Served: Sections of County: Central County

Ages Served: All ages  
Case Management: Yes  
Hours: 8 a.m.-5 p.m. M-F  
Intake: Family advocate meets with families  
Languages: Spanish  
Medi-Cal, Medicare: Yes  
Spaces Available: Yes  
Transportation: Public  
Wheelchair accessible: Yes

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Agency Name: Dyslexia Awareness and Resource Center

**Program Name: Dyslexia Awareness and Resource Center-S.B.\***

Phone: (805) 963-7339 Main Line Bus  
(805) 963-6581 FAX  
Address: 928 Carpinteria Street, Suite 2  
Santa Barbara, CA 93103

Description: Advocates for increased community awareness of Dyslexia, Attention Deficit Disorder and other learning disabilities. DARC has an extensive library offering one of the largest collections of books, periodicals, video and audio tapes in Southern California. Provides training workshops, referrals for testing, awareness presentations to the general public, assistance to employers and support for people with learning disabilities and their families.



Website: [www.dyslexiacenter.org](http://www.dyslexiacenter.org)  
Area Served: Sections of County: South County  
Continuing Education: Yes  
Fees: Donations accepted  
Hours: 9 a.m.-5 p.m. M-F  
Intake: Call for an appointment  
Languages: Spanish

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Agency Name: Easter Seals Tri-Counties, California

**Program Name: Child Development Center-S.M.**

Phone: (805) 928-0700 Main Line  
(805) 928-0706 FAX  
Address: 1240 West Bethel Lane #1-A  
Santa Maria, CA 93458  
Description: Full day preschool for all children. Call for availability.  
Area Served: Sections of County: North County  
Ages Served: 2 1/2 - 6  
Eligibility: Open to ages 2 1/2 to 6 years  
Employment Opportunities: Yes  
Fees: Call for information  
Hours: 7 a.m.-6 p.m.  
Intake: Year-round open enrollment  
Languages: Spanish  
Scholarships Available: Yes  
Spaces Available: Yes  
Wheelchair accessible: Yes

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Agency Name: Eastside Dental Clinic-S.B.\*

**Program Name: Eastside Dental Clinic-S.B.\***

Phone: (805) 884-1998 Main Line  
(805) 884-1875 FAX  
Address: 923 North Milpas Street  
Santa Barbara, CA 93103  
Description: Provides basic and preventative dental care and dental health education for children and families. Offers full dental services which include: dental exams, x-rays, cleanings, fluoride, root canals, fillings and on-surgical extractions. Expanded services include root canals, bridges, partials, dentures, surgical extraactions and cosmetic dentistry. Fees for expanded services vary and are discussed during dental planning appointments.  
Area Served: Cities: Lompoc, Santa Barbara, Santa Maria, Santa Ynez. Sections of County: Santa Barbara County  
Continuing Education: Yes  
Eligibility: Children and their families who qualify for the free lunch program and do not have any insurance - except Medi-Cal.  
Employment Opportunities: Yes



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Fees: Sliding Scale  
Hours: 8 a.m.-5 p.m. M-F  
Intake: By appointment and referrals only, walk-in service  
Languages: Spanish  
Medi-Cal, Medicare: Yes  
Sliding Scale: Yes  
Transportation: Public

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Agency Name: Epilepsy Resource Coalition-S.B.

**Program Name: Epilepsy Resource Coalition-S.B.**

Phone: (805) 967-8140 Main Line  
Address: 432 South San Marcos Road  
Santa Barbara, CA 93115

Description: Provides epilepsy awareness and education for the general public and acts as a resource center of information for those with seizure disorders.  
Provides a support group for adults and parents as need arises.

Area Served: Cities: Lompoc, Santa Barbara, Santa Maria, Santa Ynez. Sections of  
County: Santa Barbara County

Ages Served: All ages  
Hours: Call for information

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Agency Name: Family Service Agency of Santa Barbara

**Program Name: Community Outreach Program-Family Service  
Agency-S.B.\***

Phone: (805) 965-1001 Main Office  
(805) 965-2178 FAX  
Address: 123 West Gutierrez Street  
Santa Barbara, CA 93101

Description: Conducts outreach to low-income seniors. Provides in-home needs assessment and consultation targeting those over 60 conducted by a bilingual/bicultural Case Manager. Connects older adults with appropriate community resources and provides information, translation assistance, transportation, advocacy and counseling as needed. Senior support group available in Spanish.

Website: [www.fsacares.org](http://www.fsacares.org)

Area Served: Cities: Lompoc, Santa Barbara, Santa Maria, Santa Ynez. Sections of  
County: Santa Barbara County

Ages Served: 60+  
Case Management: Yes  
Eligibility: Targets low-income seniors over 60 years old and/or disabled adults  
Fees: No fee  
Hours: 8 a.m.-4 p.m. M-F  
Intake: Contact Yolanda Real, Case Manager at Ext. 223  
Languages: Spanish



Transportation: Provided  
Wheelchair accessible: Yes

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Agency Name: Goleta Union School District

**Program Name: Healthy Start-Goleta Union School District-S.B.\***

Phone: (805) 685-4418 x500 Main Line  
(805) 968-1338 FAX

Address: 6875 El Colegio Road  
Goleta, CA 93117

Description: Provides school site community resources information, referrals assistance in seeking medical, dental, youth enrichment and other services. Offers a variety of activities, opportunities to volunteer, classes and support in school/community communication. Coordinates with 30 local service partners.

Area Served: Sections of County: South County

Case Management: Yes

Early Intervention Assmt: Yes

Fees: No charge for information, referrals and classes

Hours: 8:30 a.m.-6 p.m. M-F

Languages: Spanish

Transportation: Public

Wheelchair accessible: Yes

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Agency Name: Green Book

**Program Name: Kiwanis Wheelchair Repair**

Phone: (805) 687-1320 Main Line

Description: Call for chair pickup, a program of the Kiwanis Club.

Area Served: Sections of County: South County

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Agency Name: Guadalupe Union School District

**Program Name: Healthy Start-Guadalupe, Family Services Center**

Phone: (805) 343-1194 Main Line  
(805) 346-8450 Main Line Santa Maria WIC  
(805) 343-0934 FAX

Address: P.O. Box 788  
Guadalupe Union School, CA 93434

Description: Serves children and families in the Guadalupe Mary Buren Elementary and McKenzie Jr. High School communities. Assists families in getting the health and human services they need. Provides bilingual staff and case management services involving parents as active partners within a one-stop resource center community. Over 20 collaborative partnerships with health and human services, county government and non-profit organizations make all of this possible.

Website: [sbceo.k12.ca.us/districts/guadalupeusd](http://sbceo.k12.ca.us/districts/guadalupeusd)

Area Served: Sections of County: North County

Ages Served: All ages



Case Management: Yes  
Early Intervention Assmt: Yes  
Hours: 8:30 a.m.-5 p.m. M-F  
Intake: Contact Rosa Espinoza or Joey Nichols  
Languages: Spanish  
Transportation: Public  
Wheelchair accessible: Yes

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Agency Name: Hope Counseling Center-S.B.

**Program Name: Hope Counseling Center-S.B.**

Phone: (805) 681-7384 Main Line  
(805) 681-7385 FAX  
Address: 5350 Hollister, Suite E  
Santa Barbara, CA 93111-2326  
Description: Counseling with a Christian orientation, open to all. Marriage, family, child and relationship counseling by licensed MFTs and MFT interns.  
Area Served: Sections of County: South County  
Fees: \$35-\$100 per session  
Hours: M-Sa by appointment  
Intake: Contact Catherine House, MFT  
Sliding Scale: Yes  
Wheelchair accessible: Yes

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Agency Name: Lion's Sight and Hearing Center-S.B.

**Program Name: Lion's Sight and Hearing Center-S.B.**

Phone: (805) 569-8264 Main Line  
(805) 569-8267 FAX  
Address: P.O. Box 689  
Description: Free glaucoma, vision and hearing screening for patients. For qualified patients funds are available for eye glasses and other special requests  
Area Served: Sections of County: South County  
Eligibility: South Coast resident  
Fees: All screenings are free. Screenings are done at the Knapp Building, 2400 Bath Street  
Hours: 10:30 a.m.-1:30 p.m. M, 2-5 p.m. Th  
Intake: Drop in for glaucoma vision and hearing screenings. Call ahead to make sure office is open for drop-in.  
Transportation: Public  
Wheelchair accessible: Yes

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Agency Name: Lompoc Unified School District

**Program Name: Healthy Start-Lompoc School Family Center\***

Phone: (805) 736-6166 Main Line  
(805) 737-9713 FAX  
Address: 501 North W Street  
Lompoc, CA 93436



## 211 HelpLine [www.211sbcounty.org](http://www.211sbcounty.org)

FAMILY SERVICE AGENCY OF SANTA BARBARA COUNTY  
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**Description:** Open to all families with children in the Lompoc community. Offers referral services and assistance in accessing community resources such as basic needs, dental preventative and treatment services (including translation and transportation) for no fee. Offers adult education classes, including computer instruction, English as a Second Language, craft classes, parenting education and case management services. Other programs provided are, Preschool FAST, Healthy Beginnings/Prop 10, Parental Care and Education and Healthy Families/MediCal.

**Area Served:** Sections of County: Central County

**Ages Served:** All ages

**Case Management:** Yes

**Fees:** None

**Hours:** 8 a.m.-5 p.m. M-F

**Intake:** Family advocate meets with families

**Languages:** Spanish

**Medi-Cal, Medicare:** Yes

**Transportation:** Public

**Wheelchair accessible:** Yes

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**Agency Name:** Lompoc Valley Community Healthcare Organization

**Program Name:** **Lompoc Valley Community Healthcare Organization, Inc.\***

**Phone:** (805) 740-0355 Main Line

**Address:** 115 East College Avenue, Suite 7  
Lompoc, CA 93436

**Description:** Provides links to needed community services for individuals and their families. Assigned Care Coordinators help set personal health and wellness goals. All information is confidential and can only be given out with the clients permission. Service also available, on site, for Zona Seca clients at 1515 East College Avenue in Lompoc.

**Website:** [www.lvcho.org](http://www.lvcho.org)

**Area Served:** Sections of County: Central County

**Case Management:** Yes

**Early Intervention Assmt:** Yes

**Eligibility:** Must meet two of a list of criteria such as: chronic conditions, frail elderly, homeless and pregnant

**Hours:** 8 a.m.-5 p.m. M-F

**Intake:** Appointments, home visits, referrals, walk-in

**Languages:** Spanish

**Transportation:** Public

**Wheelchair accessible:** Yes

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**Agency Name:** Make-A-Wish Foundation of the Tri-Counties, Inc.

**Program Name:** **Make-A-Wish Foundation of the Tri-Counties, Inc.-S.B.\***



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FAMILY SERVICE AGENCY OF SANTA BARBARA COUNTY

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Phone: (805) 681-1644 Main Line  
(805) 681-1648 FAX

Address: 4141 State Street, Suite C3  
Santa Barbara, CA 93110

Description: Grants wishes to children who have been diagnosed with a life threatening medical condition. Donations of cars can help fulfill the wishes of children, contributions are tax deductible and the cars can be picked up at the donor's convenience. Promotes the "Suenos de Vida" (Dreams of Life), video. Donations of frequent flyer miles are also needed.

Website: [www.wish.org/tri-counties](http://www.wish.org/tri-counties)

Area Served: Cities: Lompoc, Santa Barbara, Santa Maria, Santa Ynez. Sections of County: Tri-Counties

Ages Served: 2.5-18

Eligibility: Children with life threatening illnesses

Hours: 7 a.m.-5 p.m. M-F

Intake: Referrals

Languages: Spanish in the office, will arrange support in other languages

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Agency Name: Marian Medical Center

### **Program Name: Marian Community Clinics, Inc.-Guadalupe\***

Phone: (805) 343-2004 Main Line  
(805) 343-2267 FAX

Address: P.O. Box 9  
Guadalupe, CA 93434

Description: Provides primary health care services. Outpatient services include a well baby clinic, obstetric care, nutritional program and preschool immunizations. The Well Baby Clinic is open daily, an appointment is needed. Offers school physicals periodically throughout the year. Homeless persons can receive free/low cost medical care.

Area Served: Sections of County: North County

Early Intervention Assmt: Yes

Fees: Sliding scale, MediCal, Medicare, private insurance accepted

Hours: 8 a.m.-5:30 p.m. M,W,Th, 8 a.m.-6 p.m. T,  
8 a.m.-5 p.m. F

Languages: Spanish

Medi-Cal, Medicare: Yes

Sliding Scale: Yes

Transportation: Public

Wheelchair accessible: Yes

### **Program Name: Marian Community Clinics, Inc.-S.M.\***

Phone: (805) 739-3890 Main Line  
(805) 347-7697 FAX

Address: 117 West Bunny  
Santa Maria, CA 93454



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FAMILY SERVICE AGENCY OF SANTA BARBARA COUNTY  
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Description: Provides primary health care services. Outpatient services include a well baby clinic, nutritional program, AIDS, Communicable Disease Clinic and preschool immunizations. The Well Baby Clinic is open daily, an appointment is needed. Offers school physicals periodically throughout the year. Homeless persons can receive free/low cost medical care.

Area Served: Sections of County: North County

Continuing Education: Yes

Early Intervention Assmt: Yes

Fees: Sliding scale, MediCal, Medicare, private insurance accepted

Hours: 8:30 a.m.-5:30 p.m. M-F

Languages: Spanish

Medi-Cal, Medicare: Yes

Sliding Scale: Yes

Transportation: Public

Wheelchair accessible: Yes

### **Program Name: Marian Medical Center-S.M.\***

Phone: (805) 739-3000 Main Line

(805) 739-3388 Main Line Breastfeeding

(805) 739-3520 Main Line Volunteers

(805) 739-3075 FAX

Address: P.O. Box 1238

Santa Maria, CA 93456-1238

Description: A general acute care hospital and skilled nursing facility. Offers comprehensive inpatient services including cancer treatment services. Affiliated with UCLA Jonsson Cancer Center for advanced cancer therapy. Offers comprehensive cardiac services including cardiac catheterization, open heart surgery and cardiac rehabilitation. Offers OB/GYN, Perinatal and Neonatal staff, Pediatric services, Medical, surgical and same-day surgery. Outpatient services include full-service Emergency Department with Chest Pain Emergency Center, Breast Center with mammography and stereotactic services. Additional services include physical and occupational therapy, laboratory, radiology, pastoral care and bio-ethics counseling. Offers Homecare/Hospice/Infusion services and a variety of community education classes, wellness screenings and support groups. Nurture Line 739-3388 offers breast feeding education and telephone support. A member of Catholic Healthcare West. Some services at 505 East Plaza Dr., call for information.

Area Served: Sections of County: North County

Case Management: Yes

Continuing Education: Yes

Early Intervention Assmt: Yes

Fees: Vary, MediCal, Medicare accepted

Hours: 24 hours/7 days

Languages: Spanish, AT&T Language Line giving access to over 140 languages



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Medi-Cal, Medicare: Yes  
TTY: Yes  
Wheelchair accessible: Yes

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Agency Name: Marian New Life Program

**Program Name: Marian New Life Program-S.M.\***

Phone: (805) 739-3890 Main Line

Address: 117 West Bunny Avenue  
Santa Maria, CA 93454

Description: Offers non-denominational counseling in a caring and confidential manner to anyone involved in a crisis pregnancy. Free services by trained counselors include pregnancy testing, referrals for medical, adoption, foster families and social services. Individual, miscarriage, and post abortion counseling available for parents and family. Clothing for mother and baby available as well as baby accessories.

Area Served: Sections of County: North County

Hours: 1-5 p.m. M, W, F

Languages: Spanish

Transportation: Public

TTY: Yes

Wheelchair accessible: Yes

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Agency Name: Mental Health Association, Inc. of Santa Barbara

**Program Name: Mental Health Association in Santa Barbara County-CNTY**

Phone: (805) 898-0129 Main Line  
(805) 682-0906 FAX

Address: 16 West Mission Street  
Santa Barbara, CA 93105

Description: Works toward improving the care and treatment of adults with a mental health disability through community education and social action. Volunteers and professional staff work together to provide services to assist recovery of patients. Individual programs offer socialization and rehabilitation, One to One Projects and family support groups. The Fellowship Club is located at 2017 Chapala Street. See separate listings for the specific programs: Casa Juana Maria, Lyon's House, Family Advocate and the Fellowship Club.

Website: [www.mhainsb.org](http://www.mhainsb.org)

Area Served: Cities: Lompoc, Santa Barbara, Santa Maria, Santa Ynez. Sections of County: Santa Barbara County

Eligibility: Open to all mental health clients and their families

Hours: 9 a.m.-4:30 p.m. M-F

Intake: Michael Stone, Fellowship Club Director

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Agency Name: New Directions, Inc.-S.B.

**Program Name: New Directions, Inc.-S.B.**



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FAMILY SERVICE AGENCY OF SANTA BARBARA COUNTY  
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Phone: (805) 967-2841 Main Line  
(888) 967-2841 Toll Free  
(805) 964-7344 FAX

Address: 5276 Hollister Avenue, Suite 207  
Santa Barbara, CA 93111

Description: Provides local, national and international vacation travel and holiday programs for people with moderate developmental disabilities. The purpose of the program is to promote understanding, acceptance and appreciation of people with disabilities as important and contributing members of society.

Website: [www.newdirectionstravel.com](http://www.newdirectionstravel.com)

Area Served: Cities: Lompoc, Santa Barbara, Santa Maria, Santa Ynez. Sections of County: Santa Barbara County

Employment Opportunities: Yes

Fees: Vary

Hours: 9 a.m.-5 p.m. M-F

Scholarships Available: Yes

Spaces Available: Yes

Transportation: Provided

Wheelchair accessible: Yes

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Agency Name: Pacific Pride Foundation

### **Program Name: Gay and Lesbian Resource Center-S.B.\***

Phone: (805) 928-5280 Main Line AIDS Hotline North County  
(805) 963-3636 Main Line  
(805) 963-9086 FAX

Address: 126 East Haley Street, Suite A-11  
Santa Barbara, CA 93103

Description: Provides a comprehensive Youth Project including a rap group, activities and events. Counseling and recovery services for individuals, couples, families and groups provided by licensed therapists and supervised interns. Sponsors a lesbian and bi-sexual women's health project and anti-violence program. Community programs include, National Coming Out Day Rally, Lesbian and Gay Film Festival, concerts, lectures, performances and a library and archives. Publishes "The Bulletin" newsletter.

Area Served: Sections of County: South County

Continuing Education: Yes

Early Intervention Assmt: Yes

Fees: Sliding scale for counseling, MediCal and Medicare accepted

Hours: 9 a.m.-5 p.m. M-F

Languages: Spanish

Medi-Cal, Medicare: Yes

Sliding Scale: Yes

Wheelchair accessible: Yes

### **Program Name: Gay and Lesbian Resource Center-S.M.\***



## 211 HelpLine [www.211sbcounty.org](http://www.211sbcounty.org)

FAMILY SERVICE AGENCY OF SANTA BARBARA COUNTY  
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Phone: (805) 349-9947 Main Line  
(805) 928-5280 Main Line AIDS Hotline North County  
(805) 349-8638 FAX

Address: 819 West Church Street  
Santa Maria, CA 93458

Description: Provides a comprehensive Youth Project including a rap group, activities and events. Sponsors lesbian and bi-sexual women's health projects. Community programs include, an Annual Family Picnic, National Coming Out Day rally, Lesbian and Gay Film Festival, concerts, lectures, performances and a library and archives. Offers gay, lesbian, bisexual, transgender and questioning support group for ages 14-23. Publishes "The Bulletin" newsletter.

Area Served: Sections of County: North County

Ages Served: All ages

Hours: 9 a.m.-5 p.m. M-F

Intake: Call for information

Languages: Spanish

Sliding Scale: Yes

Wheelchair accessible: Yes

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Agency Name: Phoenix of Santa Barbara, Inc.\*

### **Program Name: Phoenix of Santa Barbara, Inc.\***

Phone: (805) 965-3434 Main Line Main Office  
(805) 965-3797 FAX

Address: 107 East Micheltorena Street  
Santa Barbara, CA 93101

Description: Phoenix of Santa Barbara offers residential and outpatient programs based on psycho-social rehabilitation principles. Population served - adults with mental illness, adults with co-occurring mental illness and addiction problems.

Residential - two licensed board and care homes: Phoenix House - 12 residents and Mountain House - 14 residents. Goal of Phoenix House is to move residents to independent living within 18 months. Mountain House has a two year goal. Both homes assist residents find housing, and continue ongoing service with them through the program's Mainstream program. Outpatient - Mainstream services for adults with mental illness - offers 24/hours daily, wrap-around case management, assistance with transportation, budgeting, locating housing, gaining and keeping employment. Arranges for clients to go on outings and 3 day camping trips. Dual Diagnosis Program - Outpatient group and individual treatment for adults with mental illness and addictions. Services also provided to court and probation referrals in the Substance Abuse Crime Prevention program. Smoking Cessation - Annual stop-smoking class for individuals



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with mental illness who want to give up smoking. Funded by County Public Health Department.

Website: [www.phoenixofsb.org](http://www.phoenixofsb.org)

Area Served: Cities: Lompoc, Santa Barbara, Santa Maria, Santa Ynez. Sections of County: Santa Barbara County

Ages Served: Adults

Case Management: Yes

Early Intervention Assmt: Yes

Eligibility: Referral from S.B. County Mental Health, or some other community agency

Employment Opportunities: Yes

Fees: Fixed fee, SSI, MediCal, Medicare, Private Pay, Insurance

Hours: Office: 9 a.m.-5 p.m. M-F

Intake: Call Clinical Director at 965-3434

Languages: Some Spanish

Medi-Cal, Medicare: Yes

SSI: Yes

Transportation: Provided, Public

Wheelchair accessible: Yes

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Agency Name: Sansum Diabetes Research Institute-S.B.

**Program Name: Sansum Diabetes Research Institute-S.B.\***

Phone: (805) 682-7638 Main Line  
(805) 682-3332 FAX

Address: 2219 Bath Street  
Santa Barbara, CA 93105

Description: A research project that targets adults with diabetes. Nutrition education is offered free to the public.

Website: [www.sansum.org](http://www.sansum.org)

Area Served: Sections of County: South County

Ages Served: Adults

Hours: 8 a.m.-5 p.m. M-F

Intake: Nutrition Class, 12-1 p.m. Thursdays, Jeannine Mespam, Registered Dietician

Languages: Spanish

Transportation: Public

Wheelchair accessible: Yes

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Agency Name: Sansum Santa Barbara Medical Foundation Clinic

**Program Name: Health Education Department-Sansum-SBMFC-S.B.**

Phone: (805) 681-8976 Main Line

Address: P.O. Box 1200  
Santa Barbara, CA 93102-1200

Description: Offers a variety of programs on health and wellness in Santa Barbara. Topics available include asthma, American Diabetes Association recognized Diabetes Education Program, weight management, cholesterol,



early pregnancy, new baby care, stress management and tobacco cessation.  
Many classes are free or low cost.

Website: [www.sansum.com](http://www.sansum.com)  
Area Served: Sections of County: South County  
Employment Opportunities: Yes  
Fees: Low or no cost  
Hours: Call for information  
Languages: Limited spanish  
Transportation: Public  
TTY: Yes  
Wheelchair accessible: Yes

**Program Name: Sansum Medical Foundation Health Education-  
Lompoc**

Phone: (805) 737-8700 Main Line Family Practice/Internal Medicine  
(805) 737-8636 FAX  
Address: 1225 North H Street  
Lompoc, CA 93436  
Description: Offers a variety of programs on health and wellness in Lompoc. Topics available include asthma, diabetes, weight management, heart failure, cholesterol, early pregnancy, new baby care and tobacco cessation. Many classes are free or low cost.

Website: [www.sansumclinic.com](http://www.sansumclinic.com)  
Area Served: Sections of County: Central County  
Fees: Low or no cost  
Hours: Call for information  
Languages: Limited spanish  
Transportation: Public  
TTY: Yes  
Wheelchair accessible: Yes

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Agency Name: Santa Barbara Counseling Center

**Program Name: New Beginnings Counseling Center-S.B.**

Phone: (805) 963-7777 Main Line  
(805) 963-8135 FAX  
Address: 324 East Carrillo Street, Suite C  
Santa Barbara, CA 93101  
Description: Offers individual, family, couples and group counseling at affordable fees. Counselors are interns supervised by licensed professionals. A nine-month Life Skills Training Program is available that works with families on communication skills, conflict resolution, goal setting, assertiveness training, family violence issues, substance abuse and child abuse. Operates the RV Safe Parking Program.  
Area Served: Sections of County: South County  
Ages Served: 12-75



Case Management: Yes  
Continuing Education: Yes  
Employment Opportunities: Yes  
Fees: Sliding scale  
Hours: 9 a.m.-9 p.m. M-F, 9 a.m.-12 p.m. Sa  
Intake: Contact Susan Smith  
Languages: Spanish  
Medi-Cal, Medicare: Yes  
Number Served: 125/mo  
Sliding Scale: Yes  
Transportation: Public  
Wheelchair accessible: Yes

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Agency Name: Santa Barbara County

**Program Name: Eye Clinic/County Health Clinic**

Phone: (805) 681-5488 Main Line  
Description: Ophthalmologist available and glaucoma screening done.  
Area Served: Sections of County: South County  
Fees: Sliding scale  
Hours: 8 a.m.-5 p.m. M-F

**Program Name: Juvenile Hall Mental Health Program-S.B.\***

Phone: (805) 692-4800 Main Line Juvenile Hall  
(805) 692-4804 Main Line Mental Health direct line  
(805) 692-4801 FAX  
Address: 4500 Hollister Avenue  
Santa Barbara, CA 93110-1799  
Description: Evaluates incarcerated persons under age 18 for suicidal tendencies, psychiatric medication needs and emotional crisis. Provides counseling and referrals.

Area Served: Sections of County: South County  
Case Management: Yes  
Eligibility: Probation referred  
Hours: Vary  
SSI: Yes  
Transportation: Public  
Wheelchair accessible: Yes

**Program Name: School Entry Physical Examination**

Phone: (805) 346-8410 Main Line Health Care Services(CHDP) S.M.  
(805) 681-5130 Main Line  
Address: 345 Camino del Remedio  
Santa Barbara

Area Served: Sections of County: South County

**Program Name: Vaccinations/Immunizations**

Phone: (805) 681-5260 Main Line



Description: Vaccinations and flu shots.

Area Served: Sections of County: South County

**Program Name: Vista de las Cruces School-Gaviota**

Phone: (805) 686-1880 Main Line  
(805) 686-8536 FAX

Address: 9467 San Julian Road  
Gaviota, CA 93117

Description: Grades K-8

Area Served: Sections of County: South County

Eligibility: Grades K-8

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Agency Name: Santa Barbara County Alcohol, Drug & Mental Health

**Program Name: Alcohol, Drug & Mental Health Services, County Administration-CNTY\***

Phone: (805) 681-5220 Main Line  
(888) 868-1649 Toll Free 24 Hour Hotline Access Team  
(805) 884-1697 TDD  
(805) 681-5262 FAX

Address: 300 North San Antonio Road  
Santa Barbara, CA 93110

Description: Administers alcohol, drug and mental health services for youth and adults at contracted and County operated sites located throughout Santa Barbara County. Field evaluation given by staff or by the Mental Health Access Team (MHAT) via 911.

Website: www.admhs.org

Area Served: Cities: Lompoc, Santa Barbara, Santa Maria, Santa Ynez. Sections of County: Santa Barbara County

Fees: Sliding scale, MediCal, Medicare, SSI, private insurance accepted

Hours: 8 a.m.-5 p.m. M-F

Intake: Field evaluation by staff or by MHAT via 911, for involuntary acute psychiatric hospital services at PHF and 5150 hospitals

Languages: Spanish, Serbian, Dutch, German, Farsi, Tagalog, American Sign Language

Medi-Cal, Medicare: Yes

Sliding Scale: Yes

SSI: Yes

Wheelchair accessible: Yes

**Program Name: Children Mental Health Services-S.M.\***

Phone: (805) 934-6385 Main Line Children Services  
(805) 934-6525 Main Line Fax Children Services  
911 Main Line For Emergencies  
(888) 868-1649 Toll Free 24 Hour Hotline Access Team  
(805) 934-6381 FAX

Address: 500 West Foster Road  
Santa Maria, CA 93455



Description: Administers services targeted for severely mentally ill adults, severely emotionally disturbed minors and minors at risk for out of home placement or school failure. Offers individual, group and medication therapies, evaluation and treatment.

Area Served: Sections of County: North County

Fees: Sliding scale, MediCal, Medicare, private insurance accepted

Hours: 8 a.m.-5 p.m. M-F

Languages: Spanish

Medi-Cal, Medicare: Yes

Sliding Scale: Yes

Wheelchair accessible: Yes

**Program Name: Mental Health Children's Services Clinic-Lompoc\***

Phone: (805) 737-6600 Main Line

(888) 868-1649 Toll Free 24 Hour Hotline Access Team

(805) 737-6601 FAX

Address: 117 North B Street

Lompoc, CA 93436

Description: Administers services targeted for severely mentally ill and emotionally disturbed minors and minors at risk for out of home placement or school failure. Offers individual, group and medication therapies, evaluation and treatment.

Area Served: Sections of County: Central County

Case Management: Yes

Fees: Sliding scale, MediCal, Medicare, SSI, private insurance accepted

Hours: 8 a.m.-5 p.m. M-F

Intake: Call 1-888-868-1649

Languages: Spanish

Medi-Cal, Medicare: Yes

Sliding Scale: Yes

SSI: Yes

Transportation: Public

Wheelchair accessible: Yes

**Program Name: Mental Health Children's Services Clinic-S.B.\***

Phone: (805) 884-1611 Main Line

(805) 884-1622 Main Line Health Care Coverage

(888) 868-1649 Toll Free 24 Hour Hotline Access Team

(805) 884-1602 FAX

Address: 429 North San Antonio Road

Santa Barbara, CA 93110

Description: Administers services targeted for severely emotionally disturbed minors and minors at risk for out of home placement or school failure. Offers individual, group and medication therapies, evaluation, treatment, and outreach services to homeless and mentally ill individuals.



Area Served: Sections of County: South County  
Case Management: Yes  
Fees: Sliding scale, MediCal, Medicare, SSI, private insurance accepted  
Hours: 8 a.m.-5 p.m. M-F  
Intake: Call: 1-888-868-1649  
Languages: Spanish  
Medi-Cal, Medicare: Yes  
Sliding Scale: Yes  
SSI: Yes  
Transportation: Public  
Wheelchair accessible: Yes

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Agency Name: Santa Barbara County Department of Social Services

**Program Name: MediCal-Lompoc\***

Phone: (800) 952-5294 Main Line MediCal Hotline  
(805) 737-7080 Main Line  
(805) 737-7093 Main Line Toll free from Santa Ynez  
(805) 737-7089 FAX

Address: Department of Social Services, 1100 West Laurel Avenue  
Lompoc, CA 93436

Description: Determines eligibility for the MediCal Program, which can then pay medical providers for the expenses associated with medical services. Eligibility is determined in part by income and other liquid financial resources, does not count the home the person owns and lives in. Call for information and a mail in application.

Area Served: Sections of County: Central County

Ages Served: All ages  
Employment Opportunities: Yes  
Hours: 8 a.m.-4 p.m. M-F  
Languages: Spanish, others by request  
Medi-Cal, Medicare: Yes  
Transportation: Public  
TTY: Yes  
Wheelchair accessible: Yes

**Program Name: MediCal-S.B.\***

Phone: (800) 952-5294 Main Line MediCal Hotline  
(805) 681-4401 Main Line  
(805) 681-4403 FAX

Address: 130 East Ortega Street  
Santa Barbara, CA 93110

Description: Determines eligibility for the MediCal Program, which can then pay medical providers for the expenses associated with medical services.



Eligibility is determined in part by income and other financial resources, excluding the home the person owns and lives in.

Area Served: Sections of County: South County

Ages Served: All ages

Hours: 8 a.m.-4 p.m. M-F

Languages: Spanish

Medi-Cal, Medicare: Yes

Transportation: Public

TTY: Yes

Wheelchair accessible: Yes

**Program Name: MediCal-S.M.\***

Phone: (800) 952-5294 Main Line MediCal Hotline

(805) 346-7135 Main Line

(805) 346-7247 FAX

Address: 2125 South Centerpointe Parkway  
Santa Maria, CA 93455

Description: Determines eligibility for the MediCal Program, which can then pay medical providers for the expenses associated with medical services. Eligibility is determined in part by income and other financial resources, excluding the home the person owns and lives in.

Area Served: Sections of County: North County

Ages Served: All ages

Hours: 8 a.m.-4 p.m. M-F

Languages: Spanish

Medi-Cal, Medicare: Yes

Transportation: Public

TTY: Yes

Wheelchair accessible: Yes

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Agency Name: Santa Barbara County Education Office

**Program Name: Child Development Programs-Lompoc\***

Phone: (805) 735-2064 Main Line Lompoc

(805) 735-9074 Main Line

(805) 735-8415 FAX

Address: P.O. Box 6307  
Santa Barbara, CA 93160-6307

Description: Subsidized child care services for children age birth to age 13 whose parents are income-eligible and are working, looking for work, in training, incapacitated or receiving Child Protective Services. Parents may select in-home, sectarian, exempt, licensed center or home day care.

Area Served: Sections of County: Central County

Continuing Education: Yes

Eligibility: Income eligible

Fees: Sliding scale or none



Hours: 8 a.m.-5 p.m. M-F

Languages: Spanish

Sliding Scale: Yes

Waiting List: Yes

Wheelchair accessible: Yes

**Program Name: Child Development Programs-S.B.\***

Phone: (805) 964-4711 x5214 Main Line Santa Barbara  
(805) 682-4646 FAX

Address: 3970 La Colina Road, Room 5, P.O. Box 6307  
Santa Barbara, CA 93160-6307

Description: Subsidized child care services for income eligible families. Parents may select from a full range of child care options including licensed center based, family child care home, exempt, in-home and sectarian care. Days and hours of care based on the need and eligibility of the parent.

Area Served: Sections of County: South County

Continuing Education: Yes

Eligibility: Income eligible

Fees: Sliding scale or none

Hours: 8 a.m.-5 p.m. M-F

Languages: Spanish

Sliding Scale: Yes

Transportation: Public

Wheelchair accessible: Yes

**Program Name: Child Development Programs-S.M.\***

Phone: (805) 348-0094 Main Line  
(805) 352-0274 Main Line Santa Maria  
(805) 352-1311 FAX

Address: P.O. Box 6307  
Santa Barbara, CA 93160-6307

Description: Subsidized child care services for children age birth to age 13 whose parents are income-eligible and are working, looking for work, in training, incapacitated or receiving Child Protective Services. Parents may select in-home, sectarian, exempt, licensed center or home day care.

Area Served: Sections of County: North County

Continuing Education: Yes

Eligibility: Income eligible

Fees: Sliding scale or none

Hours: 8 a.m.-5 p.m. M-F

Languages: Spanish

Sliding Scale: Yes

Transportation: Public

Wheelchair accessible: Yes



**Program Name: Santa Barbara County Special Education Local Plan Area (SELPA)**

Phone: (805) 683-1424 Main Line  
(805) 967-1960 FAX

Address: 401 North Fairview Avenue  
Goleta, CA 93117

Description: Responsibilities include meeting with education directors and business officials to coordinate delivery of services and use of funds for students with disabilities birth through 21 years, providing for staff development, management of low incidence service funds, extended school year and nonpublic school placements. The SELPA Director reports to the Joint Powers Agency (JPA) on a monthly basis. The JPA is made up of eight superintendents who represent all districts and the county education office within the SELPA.

Area Served: Sections of County: South County

Hours: 8 a.m.-5 p.m. M-F

Transportation: Public

Wheelchair accessible: Yes

**Program Name: Special Education Support Services, Administration-S.B.\***

Phone: (805) 964-4711 x5214 Main Line Santa Barbara  
(850) 683-2482 FAX

Address: Administration, P.O. Box 6307  
Santa Barbara, CA 93160-6307

Description: Educational programs for individuals with physical and/or learning disabilities. Programs for infants through college-age individuals. Maintains an assessment program to determine eligibility as per federal special education guidelines. Services include classroom instruction and/or itinerant support.

Area Served: Sections of County: South County

Ages Served: 0-22

Case Management: Yes

Continuing Education: Yes

Early Intervention Assmt: Yes

Eligibility: As per Education Code

Employment Opportunities: Yes

Hours: 8 a.m.-5 p.m. M-F

Intake: Contact Catherine Breen, Director

Languages: Spanish

Spaces Available: Yes

Transportation: Provided

TTY: Yes

Wheelchair accessible: Yes



**Program Name: Special Education Support Services-N. CNTY\***

Phone: (805) 922-0334 Main Line  
(805) 922-6543 FAX

Address: 402 Farnel Road, Suite A  
Santa Maria, CA 93458-4960

Description: Educational programs for individuals with physical and/or cognitive disabilities. Programs for infants through college-age individuals. Maintains an assessment program to determine eligibility, as per federal special education guidelines. Services include classroom instruction and/or itinerant supports.

Area Served: Sections of County: North County

Ages Served: 0-22

Case Management: Yes

Early Intervention Assmt: Yes

Eligibility: Per Federal guideline

Employment Opportunities: Yes

Hours: 8 a.m.-5 p.m. M-F

Intake: Contact coordinators Sarah Bendle, Bill Johnson, Nancy Hubbell (Santa Ynez Valley)

Languages: Spanish

Spaces Available: Yes

Transportation: Provided

Wheelchair accessible: Yes

**Program Name: Special Education Support Services-S.Y.\***

Phone: (805) 688-4060 Main Line  
(805) 688-1487 FAX

Address: 3325 Pine Street  
Santa Ynez, CA 93460-0188

Description: Educational programs for individuals with physical and/or cognitive disabilities. Programs for infants through college-age individuals. Maintains an assessment program to determine eligibility, as per federal special education guidelines. Services include classroom instruction and/or itinerant supports.

Area Served: Sections of County: Central County

Ages Served: 0-22

Case Management: Yes

Early Intervention Assmt: Yes

Employment Opportunities: Yes

Hours: 8 a.m.-5 p.m. M-F

Intake: Helen Rehm, Coordinator

Languages: Spanish

Spaces Available: Yes

Transportation: Provided



Wheelchair accessible: Yes

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Agency Name: Santa Barbara County Medical Society

**Program Name: Physician's Referral Service-S.B.**

Phone: (805) 683-5333 Main Line Santa Barbara  
(805) 967-2871 FAX

Address: 5350 Hollister Avenue, Suite A4  
Santa Barbara, CA 93111

Description: Provides client with three names of psychiatrists or physicians who are members of the Medical Society. Medical Society has a website where information about physicians can be found.

Website: www.sbmed.org

Area Served: Sections of County: South County

Hours: 8:30 a.m.-5 p.m. M-F

Wheelchair accessible: Yes

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Agency Name: Santa Barbara County Probation Department

**Program Name: Counseling and Education Center, Probation-C.CNTY\***

Phone: (805) 733-2170 Main Line Site number  
(805) 737-7835 Main Line Probation Department  
(805) 737-7943 Main Line Program Director  
(805) 737-7837 FAX

Address: 115 Civic Center Plaza  
Lompoc, CA 93436

Description: A combined court school and treatment program operated by Probation in cooperation with Alcohol, Drug and Mental Health Services and County Schools. Jr. High and High School aged minors who are wards of the court must be committed there by judicial order.

Area Served: Sections of County: Central County

Ages Served: 13-18

Case Management: Yes

Continuing Education: Yes

Early Intervnt Assmt: Yes

Eligibility: Commitment by order of the Juvenile Court

Hours: 7:30 a.m.-3:30 p.m. M-F

Intake: Completed by Probation Staff and the onsite Mental Health Therapist

Languages: Spanish

Medi-Cal, Medicare: Yes

Number Served: 22/mo

Transportation: Provided, Public

Waiting List: Yes

Wheelchair accessible: Yes

**Program Name: Counseling and Education Center, Probation-N.CNTY\***



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Phone: (805) 739-8589 Main Line  
(805) 739-8601 FAX  
Address: Camino Segundo School, 2121 South Centerpointe Parkway  
Santa Maria, CA 93455-1332  
Description: A combined court school and treatment program operated by Probation in cooperation with Alcohol, Drug and Mental Health Services and County Schools. Jr. High and High School age minors who are wards of the Court must be committed there by judicial order.  
Area Served: Sections of County: North County  
Ages Served: Junior high school and high school students  
Case Management: Yes  
Continuing Education: Yes  
Early Intervention Assmt: Yes  
Eligibility: Commitment by order of the Juvenile Court  
Hours: 7:30 a.m.-3:30 p.m. M-F  
Languages: Spanish  
Transportation: Provided, Public  
Waiting List: Yes  
Wheelchair accessible: Yes

### **Program Name: Counseling and Education Center, Probation-S.CNTY\***

Phone: (805) 692-4224 Main Line  
(805) 692-4823 Main Line  
(805) 692-4841 FAX  
Address: Villa Esperanza School, 4500 Hollister Avenue  
Santa Barbara, CA 93110-1799  
Description: A combined court school and treatment program operated by Probation in cooperation with Alcohol, Drug and Mental Health Services and County Schools. Jr. High and High School age minors who are wards of the Court must be committed there by judicial order.  
Area Served: Sections of County: South County  
Ages Served: 13-17  
Case Management: Yes  
Continuing Education: Yes  
Early Intervention Assmt: Yes  
Eligibility: Commitment by order of the Juvenile Court  
Fees: \$4.85 per day  
Hours: 7:30 a.m.-3:30 p.m. M-F  
Languages: Spanish, other languages by arrangement  
Medi-Cal, Medicare: Yes  
Number Served: up to 22/month  
Transportation: Public  
Waiting List: Yes



Wheelchair accessible: Yes

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Agency Name: Santa Barbara County Public Health Department

**Program Name: Carpinteria County Health Clinic\***

Phone: (805) 560-1050 Main Line Carpinteria  
(805) 560-1051 FAX

Address: 931 Walnut Avenue  
Carpinteria, CA 93013

Description: Provides general family practice, child health and disability prevention exams and follow-ups. Services also include prenatal delivery and postpartum care, family planning, pregnancy testing, immunizations, tuberculosis treatment and prevention, sexually transmitted diseases treatment and prevention, communicable disease control, public health nursing outreach and disease investigation. Flu shots available annually. Breast cancer early detection program services.

Area Served: Sections of County: South County

Early Intervention Assmt: Yes

Employment Opportunities: Yes

Fees: Sliding scale, MediCal/Medicare, Healthy Families/PACT

Hours: 8 a.m.-12 p.m., 1-5 p.m. M-F

Intake: Referral assistance through Medically Indigent Adult Program and Homeless Health Care Projects

Languages: Spanish

Medi-Cal, Medicare: Yes

Sliding Scale: Yes

Transportation: Public

Wheelchair accessible: Yes

**Program Name: Child Health and Disability Prevention Program-CNTY\***

Phone: (805) 681-5130 Main Line Administration  
(800) 288-8145 Toll Free  
(805) 681-4958 FAX

Address: 1111 Chapala, Suite 200  
Santa Barbara, CA 93101

Description: Preventative health or well-child examinations are provided free of charge to MediCal eligible people 0-21 years. Also serve infants, children and teens of low-income families. Families are referred to private physicians, community clinics and county clinics. A CHDP exam includes health history and complete physical exam, height, weight, blood pressure measurement, lead screen for children under 6 years of age, tests for anemia and tuberculosis, vision, hearing and urine screening when indicated. Referral for diagnosis and treatment is provided for the conditions found. Families are also assisted in enrolling children in Medi-Cal or Healthy Families for continuing preventive and primary care.



Area Served: Cities: Lompoc, Santa Barbara, Santa Maria, Santa Ynez. Sections of  
County: Santa Barbara County

Eligibility: Medi-Cal eligible or <200% FIG

Fees: Free to qualified families

Hours: 8 a.m.-5 p.m. M-F

Intake: Screening of family for referral to CHDP provider

Languages: Spanish

Medi-Cal, Medicare: Yes

SSI: Yes

Wheelchair accessible: Yes

**Program Name: Children's Dental Disease Prevention-S.B.**

Phone: (805) 681-5433 Main Line

(805) 681-5142 FAX

Address: 300 North San Antonio Road

Santa Barbara, CA 93110

Description: Provides dental disease prevention education materials and speakers for teachers and students in the classroom. Service is offered for preschool through 6th grade students.

Area Served: Sections of County: South County

Fees: None

Hours: 8 a.m.-5 p.m. M-F

Wheelchair accessible: Yes

**Program Name: Franklin County Health Clinic-S.B.\***

Phone: (805) 568-2099 Main Line Franklin Center-Santa Barbara

(805) 957-4242 FAX

Description: Provides a full range of general family practice services including a Child Health and Disability Prevention Program, screening and referral, prenatal, delivery and postpartum care, family planning/pregnancy testing services, immunizations, flu shots, tuberculosis screening and prevention, sexually transmitted disease screening and treatment, Breast Cancer Early Detection program, screening, laboratory services, MediCal application assistance, Public Health Nursing outreach and communicable disease intervention referral.

Area Served: Sections of County: South County

Eligibility: Varies by program

Fees: Sliding scale, MediCal/Medicare, MIA and Homeless Health Care

Hours: 8 a.m.-12 p.m., 1-5 p.m. M-F

Languages: Spanish

Medi-Cal, Medicare: Yes

Sliding Scale: Yes

Transportation: Public

Wheelchair accessible: Yes

**Program Name: Lompoc County Health Clinic\***



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Phone: (805) 737-6400 Main Line Primary Care and Flu Shots  
(805) 737-6451 Main Line Prenatal Care  
(805) 737-6470 Main Line Lompoc  
(805) 737-6403 TTY/TDD  
(805) 737-6071 FAX Prenatal Care  
(805) 737-6430 FAX

Address: 301 North R Street  
Lompoc, CA 93436

Description: Offers family practice, STD clinic, flu shots, TB tests, pregnancy testing, public health nursing visits and immunizations. Provides family planning, OB, Well Baby and Child Health and Disability Prevention Program. Food coupons for Women, Infants and Children (WIC) are available. Free health care offered to the homeless. Vital statistics information can be provided. BCEDP provider.

Area Served: Sections of County: Central County

Continuing Education: Yes

Fees: Sliding scale, MediCal/Medicare and Healthy Families accepted

Hours: 8 a.m.-6 p.m. M-Th, 8 a.m.-5 p.m. F

Intake: Patient registration

Languages: Spanish, Hmong

Medi-Cal, Medicare: Yes

Sliding Scale: Yes

Transportation: Public

TTY: Yes

Wheelchair accessible: Yes

### **Program Name: Maternal Child Adolescent Health Program-CNTY\***

Phone: (805) 346-8436 Main Line Santa Maria  
(805) 681-4933 Main Line Santa Barbara  
(805) 737-6439 Main Line Lompoc  
(800) 288-8145 Toll Free  
(805) 681-5200 FAX

Address: 300 North San Antonio Road  
Santa Barbara, CA 93110-1316

Description: Promotes the health of mothers and infants by providing assistance to prenatal care for low-income at-risk pregnant women. Promotes the health of children by providing assistance with access to preventive care for low-income children. Provides case management when necessary to improve parenting skills or to improve health and safety of mother and children. Maintains Toll-Free telephone line for MCAH related information and referral. Provides community advocacy. Identifies county-wide trends (i.e. low-birth weight outcomes) to help reduce infant mortality, incidence of preventable diseases or disabling conditions.

Website: [www.sbcpd.org/family/mch](http://www.sbcpd.org/family/mch)



Area Served: Cities: Lompoc, Santa Barbara, Santa Maria, Santa Ynez. Sections of  
County: Santa Barbara County

Early Intervention Assmt: Yes

Eligibility: Serves children and women of child bearing age

Fees: No cost

Hours: 8 a.m.-5 p.m. M-F

Intake: Call Supervising Public Health Nurse

Languages: Spanish

Medi-Cal, Medicare: Yes

Transportation: Public

Wheelchair accessible: Yes

**Program Name: Santa Barbara County Health Clinic-S.B.\***

Phone:	(805) 681-5120 Main Line	AIDS Testing
	(805) 681-5140 Main Line	Obstetric Clinic
	(805) 681-5260 Main Line	Immunizations and STD Screening
	(805) 681-5488 Main Line	Santa Barbara Clinic
	(805) 681-5489 Main Line	Appointments
	(805) 681-5411 FAX	

Address: 345 Camino Del Remedio  
Santa Barbara, CA 93110

Description: Specialty clinics are offered by appointment. Offers internal medicine, surgery, ophthalmology, infectious disease, orthopedics, gynecology, obstetrics, allergy, diabetes, arthritis, dermatology, endocrinology, family practice, family planning, urology and neurology. Auxiliary services include radiology, social services, laboratory, pharmacy, public health immunizations for adults and children and testing for AIDS. Provides treatment for infectious diseases and sexually transmitted diseases. Treatment is available for those who qualify as Medically Indigent Adults or for those who are homeless.

Area Served: Cities: Lompoc, Santa Barbara, Santa Maria, Santa Ynez. Sections of  
County: Santa Barbara County

Ages Served: All ages

Continuing Education: Yes

Early Intervention Assmt: Yes

Employment Opportunities: Yes

Fees: Vary, MediCal/Medicare accepted

Hours: 8 a.m.-5 p.m. M-F

Languages: Spanish

Medi-Cal, Medicare: Yes

Sliding Scale: Yes

TTY: Yes

Waiting List: Yes

Wheelchair accessible: Yes



**Program Name: Santa Barbara County Public Health Department-CNTY\***

Phone: (805) 681-5102 Main Line  
(805) 681-5191 FAX

Address: 300 North San Antonio Road, Suite 8  
Santa Barbara, CA 93110

Description: Administrative office for health and safety programs of Santa Barbara County. See separate listings for specific programs.

Area Served: Cities: Lompoc, Santa Barbara, Santa Maria, Santa Ynez. Sections of County: Santa Barbara County

Ages Served: All ages

Continuing Education: Yes

Early Intervention Assmt: Yes

Employment Opportunities: Yes

Fees: Sliding scale

Hours: 8 a.m.-5 p.m. M-F

Languages: Spanish

Medi-Cal, Medicare: Yes

Sliding Scale: Yes

Transportation: Public

Wheelchair accessible: Yes

**Program Name: Santa Maria County Health Clinic\***

Phone: (805) 346-8413 Main Line Santa Maria Clinic  
(805) 346-8449 FAX

Address: 2115 South Centerpointe Parkway  
Santa Maria, CA 93455

Description: Outpatient clinic offers general medical, family planning, obstetrics, urgent care pediatric health clinics, ophthalmology, STD clinics, tuberculosis skin testing, HIV testing, immunization clinics, dermatology, gynecology, internal medicine clinics, pharmacy, public health, lab, X-ray and social services. Offers services for Medically Indigent Adults and the Homeless.

Area Served: Sections of County: North County

Fees: Sliding scale, MediCal/Medicare, PACT, private insurance accepted

Hours: 8 a.m.-5 p.m. M-F

Intake: Contact Barbie Rozek, RN PHN

Languages: Spanish

**Program Name: Sexually Transmitted Disease Testing-County Health Clinics-CNTY\***

Phone: (805) 346-7230 Main Line Santa Maria  
(805) 560-1050 Main Line Carpinteria  
(805) 568-2099 Main Line Franklin Center-Santa Barbara  
(805) 681-5260 Main Line Immunizations and STD Screening  
(805) 737-6400 Main Line



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Address: 345 Camino Del Remedio  
Santa Barbara, CA 93110

Description: Confidential testing and treatment of communicable sexually transmitted diseases such as chlamydia, gonorrhea and syphilis.

Area Served: Cities: Lompoc, Santa Barbara, Santa Maria, Santa Ynez. Sections of County: Santa Barbara County

Eligibility: Anyone is eligible

Fees: \$15, free to Medi-Cal and Family Planning patients

Hours: Vary

Languages: Spanish

Medi-Cal, Medicare: Yes

Transportation: Public

Wheelchair accessible: Yes

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Agency Name: Santa Barbara Neighborhood Clinics

**Program Name: Eastside Neighborhood Clinic-S.B.\***

Phone: (805) 963-1641 Main Line Eastside Clinic  
(805) 962-6616 FAX

Address: 915 North Milpas Street  
Santa Barbara, CA 93103

Description: Provides general family practice and medicine. Special attention is paid to the needs of minorities, women and seniors. Offers reproductive healthcare, STD testing, physicals, immunizations and HIV testing. State and county programs include homeless assistance, family planning and child well-check.

Area Served: Sections of County: South County

Eligibility: Referrals from Healthy Start schools preferred for Dental Clinic

Fees: Sliding scale, MediCal/Medicare, Visa, M/C accepted

Hours: 11 a.m.-6 p.m. M, 10 a.m.-6 p.m. Tu, 10 a.m.-1 p.m. & 3-6 p.m. W, 10 a.m.-6 p.m. Th, 9 a.m.-1 p.m. F & Sa

Intake: Appointments preferred, call for appointment

Languages: Spanish, Tagalog, Cantonese, Mandarin

Medi-Cal, Medicare: Yes

Sliding Scale: Yes

Transportation: Public

Wheelchair accessible: Yes

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**Program Name: Isla Vista Neighborhood Clinic\***

Phone: (805) 968-1511 Main Line Isla Vista Clinic  
(805) 968-7041 FAX

Address: 970 Embarcadero Del Mar  
Isla Vista, CA 93117

Description: SProvides primary health care and general family practice, pediatrics, family planning, gynecology, care for acute and chronic illness and injuries, physical exams, annuals and well-child exams, immunizations, travel



clinics, pregnancy tests and other laboratory services, HIV/AIDS counseling and testing and annual flu shots.

Area Served: Sections of County: South County

Continuing Education: Yes

Early Intervention Assmt: Yes

Eligibility: None

Employment Opportunities: Yes

Fees: Sliding scale, MediCal, Medicare, a fee for Flu shots

Hours: 9 a.m.-12 p.m., 1-6 p.m. M, 9 a.m.-12 p.m., 2-6 p.m. Tu, 9 a.m.-12 p.m., 1-5 p.m. W, 9 a.m.-12 p.m., 1-5 p.m. Th, 9 a.m.-12 p.m. F-Sa

Intake: Medical history

Languages: Spanish

Medi-Cal, Medicare: Yes

Sliding Scale: Yes

Transportation: Public

Wheelchair accessible: Yes

**Program Name: Santa Barbara Neighborhood Clinics**

Phone: (805) 884-1998 Main Line Carrillo Dental Clinic

(805) 963-1546 Main Line Westside Clinic

(805) 963-1641 Main Line Eastside Clinic

(805) 968-1511 Main Line Isla Vista Clinic

(805) 685-2467 FAX

Address: 970 Embarcadero Del Mar  
Isla Vista, CA 93117

Description: Offers low cost, easily accessible medical care in most specialties including family practice, internal medicine, pediatrics, family planning, prenatal care, gynecology and immunizations. Screening services include blood pressure checks and free HIV testing during clinic hours. HIV and early intervention health care services also offered. Complete contraception services, including cervical caps are available. Health Program Center (805) 963-8566.

Area Served: Sections of County: South County

Ages Served: All ages

Fees: Sliding scale based on family size/income, MediCal, Medicare

Hours: Hours vary per clinic

Intake: Call for an appointment

Languages: Spanish

Medi-Cal, Medicare: Yes

Sliding Scale: Yes

Transportation: Public

Wheelchair accessible: Yes

**Program Name: SBNC Health Program Center-S.B.\***



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Phone: (805) 963-8566 Main Line  
(805) 963-8880 FAX  
Address: 915 North Milpas Street, 2nd Floor  
Santa Barbara, CA 93103  
Description: Provides a centralized site for Santa Barbara Neighborhood Clinic's Bilingual Health Program's activities. These include: smoking cessation, bilingual health education class series, obesity prevention classes, breast and cervical cancer detection, HIV/AIDS testing and counseling, Hepatitis C support group and prenatal education. In addition, the center houses a resource lending library and guest computer for health information searches.

Area Served: Sections of County: South County  
Ages Served: All ages  
Eligibility: None  
Employment Opportunities: Yes  
Fees: Most classes and program services are low cost or free  
Hours: 10 a.m.-6 p.m. M-F  
Languages: Spanish  
Medi-Cal, Medicare: Yes  
Transportation: Public  
Wheelchair accessible: Yes

### **Program Name: Westside Neighborhood Clinic-S.B.\***

Phone: (805) 963-1546 Main Line Westside Clinic  
(805) 962-4771 FAX  
Address: 628 West Micheltorena Street  
Santa Barbara, CA 93101  
Description: Offers low cost, easily accessible medical care in most specialties including family practice, internal medicine, pediatrics, family planning, gynecology and immunizations. Screening services include blood pressure checks, hepatitis programs, and free HIV testing during clinic hours. HIV and early intervention health care services also offered. Complete contraception services, including cervical caps are available. The counseling program offers short term crisis intervention and long term therapy dealing with issues of anxiety, depression, substance abuse and conflict resolution for individuals and families.

Area Served: Sections of County: South County  
Ages Served: All ages  
Fees: Sliding scale based on family size/income, MediCal, Medicare  
Hours: 9 a.m.-4 p.m. M & T, 9 a.m.-5 p.m. W, 12-3 p.m. & 4-7 p.m. Th, 9 a.m.-1 p.m. F & Sa  
Intake: Call for an appointment  
Languages: Spanish  
Medi-Cal, Medicare: Yes  
Sliding Scale: Yes



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Transportation: Public

Wheelchair accessible: Yes

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Agency Name: Santa Barbara Rape Crisis Center-S.B.

**Program Name: Santa Barbara Rape Crisis Center-S.B.\***

Phone: (805) 963-6832 Administration  
(805) 564-3696 24hr Hotline  
(805) 965-3271 FAX

Address: 433 East Canon Perdido Street  
Santa Barbara, CA 93101

Description: Provides crisis counseling, advocacy, accompaniment and referral for survivors of sexual assault, incest and sexual harassment as well as to their families and friends. Offers long-term counseling, self-defense classes, community education and rape prevention presentations. Members of the Sexual Assault Response Team. Conducts open-enrollment support groups for survivors of sexual assault.

Website: [www.sbrapecrisiscenter.org](http://www.sbrapecrisiscenter.org)

Area Served: Sections of County: South County

Ages Served: 13+

Continuing Education: Yes

Early Intervention Assmt: Yes

Fees: No cost crisis intervention services. Sliding scale for long term counseling, support groups and self defense classes

Hours: Hotline: 24 hours/7 days Office: 9 a.m.-5 p.m. M-F

Intake: Call hotline, walk-in, schedule appointment

Languages: Spanish

Scholarships Available: Yes

Sliding Scale: Yes

Transportation: Public

TTY: Yes

Wheelchair accessible: Yes

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Agency Name: Santa Barbara School/High School Districts

**Program Name: Cal-Safe-Santa Barbara Secondary School District\***

Phone: (805) 564-1421 Main Line Phone/Fax  
(805) 564-6994 FAX

Address: 700 East Anapamu Street  
Santa Barbara, CA 93103

Description: Provides support for school age prenatal/parent to help student graduate and provides child care and developmental services enabling parenting teens to stay in school while their child is cared for. Program is available at all High Schools.

Area Served: Sections of County: South County

Case Management: Yes

Early Intervention Assmt: Yes



Eligibility: Junior high, continuation, regular high school parent, SB adult education, or El Puente student

Hours: 7:30 a.m.-3 p.m. M-F during school year

Intake: Interview with Head Teacher

Languages: Spanish

Transportation: Public

Waiting List: Yes

Wheelchair accessible: Yes

**Program Name: Children's Centers-S.B.S.D. Child Development-S.B.\***

Phone: (805) 899-4129 Main Line  
(805) 963-8685 Main Line Franklin  
(805) 965-0383 Main Line S.B. High-Early Years  
(805) 965-4633 x252 Main Line

Address: 721 East Cota Street  
Santa Barbara, CA 93103

Description: Provides year-round, full-time, subsidized child care for children ages 2 through 5 and whose parents are working, in job skills training, in school or who are disabled. Focus is on language/math development, social/emotional development and the physical development of each child. Program sites: Franklin Children's Center, Parma Children's Center and Santa Barbara High School Early Years. All centers are wheelchair accessible except Parma Center.

Area Served: Cities: Lompoc, Santa Barbara, Santa Maria, Santa Ynez. Sections of County: Santa Barbara County

Ages Served: 2-5

Case Management: Yes

Continuing Education: Yes

Early Intervention Assmt: Yes

Eligibility: Must be a working or student parent and meet the eligibility guidelines from the State Department of Education

Fees: Vary based on state guidelines

Hours: Vary M-F

Intake: Must complete a waiting list form and provide proof of income

Languages: Spanish

Sliding Scale: Yes

Transportation: Public

Waiting List: Yes

Wheelchair accessible: Yes

**Program Name: Healthy Start-Adams School Family Resource Center-S.B.\***

Phone: (805) 563-9235 Main Line Family Advocate on site  
(805) 687-0761 x302 Main Line Director



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(805) 965-1001 Main Line      Clinical Supv/Family Service Agency  
(805) 963-1992 FAX

Address: 2701 Las Positas Road  
Santa Barbara, CA 93105

Description: Provides school site community resources information, referrals assistance in seeking medical, dental, youth enrichment and other services. Offers a variety of activities, opportunities to volunteer, ESL classes and support in school/community communication. Coordinates with 30 local service partners.

Area Served: Sections of County: South County

Ages Served: All ages

Case Management: Yes

Eligibility: Priority to Adams School families

Fees: No charge for information, referrals and classes

Hours: 8:30 a.m.-12:30 p.m., 1-2:30 p.m. M-Th

Intake: Family Advocate

Languages: Spanish

Transportation: Public

Wheelchair accessible: Yes

### **Program Name: Healthy Start-Canalino-Carp.**

Phone: (805) 684-4141 Main Line  
(805) 684-4542 Main Line      Health Care  
(805) 684-3384 FAX

Address: 1480 Linden Avenue  
Carpinteria, CA 93013

Description: Provides school site community resources information, referrals assistance in seeking medical, dental, youth enrichment and other services. Offers a variety of activities, opportunities to volunteer, ESL classes and support in school/community communication. Coordinates with 30 local service partners.

Area Served: Sections of County: South County

Case Management: Yes

Early Intervention Assmt: Yes

Fees: No charge for information, referrals and classes

Hours: Vary, call for information

Intake: Family Advocate-Sandra Gonzalez-Lawyer

Languages: Spanish

Transportation: Public

Wheelchair accessible: Yes

### **Program Name: Healthy Start-Cleveland School Family Resource Center-S.B.\***

Phone: (805) 687-0761 x302      Main Line      Director  
(805) 963-4723 Main Line      Family Advocate on site



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(805) 965-1001 Main Line      Clinical Supv/Family Service Agency  
(805) 569-6672 FAX

Address:      123 Alameda Padre Serra, Room 16B  
Santa Barbara, CA 93103

Description: Provides school site community resources information, referrals assistance in seeking medical, dental, youth enrichment and other services. Offers a variety of activities, opportunities to volunteer and support in school/community communication. Coordinates with 30 local service partners.

Area Served: Sections of County: South County

Ages Served: All ages

Case Management: Yes

Eligibility: Priority to Cleveland School families

Fees: No charge for information, referrals and classes

Hours: 8 a.m.-12 p.m., 1-2:30 p.m. M-Th, closed F

Intake: Jenny Leon, Family Advocate

Languages: Spanish

Wheelchair accessible: Yes

### **Program Name: Healthy Start-Franklin Children's Center-S.B.\***

Phone: (805) 884-0235 Main Line      Family Advocate  
(805) 965-1001 Main Line

Address: 1030 East Yanonali Street, Bungalow #4  
Santa Barbara, CA 93103

Description: Provides school site community resources information, referrals assistance in seeking medical, dental, youth enrichment and other services. Offers a variety of activities, opportunities to volunteer, classes and support in school/community communication. Coordinates with 30 local service partners.

Area Served: Sections of County: South County

Ages Served: 0-5

Case Management: Yes

Eligibility: Families with children 0-5

Fees: No charge for information, referrals and classes

Hours: 8 a.m.-12 p.m., 1-2:30 p.m. M-Th, closed F

Intake: Brenda Lopez, Family Advocate

Languages: Spanish

Transportation: Public

Wheelchair accessible: Yes

### **Program Name: Healthy Start-Franklin School Family Resource Center-S.B.\***

Phone: (805) 687-0761 x302      Main Line      Director  
(805) 963-4523 Main Line      Family Advocate on Site



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(805) 965-1001 Main Line Clinical Supv/Family Service Agency  
(805) 569-6672 FAX

Address: 1111 East Mason Street, Room 26  
Santa Barbara, CA 93103

Description: Provides school site community resources information, referrals assistance in seeking medical, dental, youth enrichment and other services. Offers a variety of activities, opportunities to volunteer, classes and support in school/community communication. Coordinates with 30 local service partners.

Area Served: Sections of County: South County

Ages Served: All ages

Case Management: Yes

Eligibility: Priority to Franklin School families

Fees: No charge for information, referrals and classes

Hours: 8 a.m.-12 p.m., 1-2:30 p.m. M-Th, closed F

Intake: Teresa Jurado, Family Advocate

Languages: Spanish

Transportation: Public

Wheelchair accessible: Yes

### **Program Name: Healthy Start-Harding School Family Resource Center-S.B.\***

Phone: (805) 568-0640 Main Line Family Advocate on site  
(805) 687-0761 x302 Main Line Director  
(805) 965-1001 Main Line Clinical Supv/Family Service Agency  
(805) 569-6672 FAX

Address: Harding Recreation Center, 1607 Gillespie Street  
Santa Barbara, CA 93101

Description: Provides school site community resources information, referrals assistance in seeking medical, dental, youth enrichment and other services. Offers a variety of activities, opportunities to volunteer, ESL classes and support in school/community communication. Coordinates with 30 local service partners.

Area Served: Sections of County: South County

Ages Served: All ages

Case Management: Yes

Eligibility: Priority to Harding School families

Fees: No charge for information, referrals and classes

Hours: 8:30 a.m.-12:30 p.m., 1-2:30 p.m. M-Th, Fridays closed.

Intake: Carmen Rivas, Family Advocate

Languages: Spanish

Transportation: Public

Wheelchair accessible: Yes



**Program Name: Healthy Start-La Cumbre Junior High  
Resource/Outreach Center\***

Phone: (805) 687-0761 x344 Main Line Family Advocate  
(805) 563-6642 FAX

Address: 2255 Modoc Road  
Santa Barbara, CA 93101

Description: Provides school site community resources information, referrals assistance in seeking medical, dental, youth enrichment and other services. Offers a variety of activities, opportunities to volunteer, ESL classes and support in school/community communication. Coordinates with 30 local service partners.

Area Served: Sections of County: South County

Ages Served: All ages

Case Management: Yes

Eligibility: Priority to La Cumbre Junior High families

Fees: No charge for information, referrals and classes

Hours: 8 a.m.-4 p.m. M-F

Intake: Family Advocate

Languages: Spanish

Transportation: Public

Wheelchair accessible: Yes

**Program Name: Healthy Start-McKinley School Family Resource  
Center-S.B.\***

Phone: (805) 687-0761 x302 Main Line Director  
(805) 965-1001 Main Line Clinical Supv/Family Service Agency  
(805) 966-3177 Main Line Family Advocate on site  
(805) 569-6672 FAX

Address: 350 Loma Alta Drive  
Santa Barbara, CA 93109

Description: Provides school site community resources information, referrals assistance in seeking medical, dental, youth enrichment and other services. Offers a variety of activities, opportunities to volunteer, literacy classes and support in school/community communication. Coordinates with 30 local service partners.

Area Served: Sections of County: South County

Ages Served: All ages

Case Management: Yes

Eligibility: Priority to McKinley School families

Fees: No charge for information, referrals and classes

Hours: 8 a.m.-12 p.m., 1-2:30 p.m. M-Th, closed Fridays

Intake: Donna Lopez and Mayra Jimenez, Family Advocates

Languages: Spanish

Transportation: Public



Wheelchair accessible: Yes

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Agency Name: Santa Maria-Bonita School District

**Program Name: Healthy Start Program-S.M.**

Phone: (805) 346-8551 Main Line  
(805) 346-8584 FAX

Address: Santa Maria Bonita School District, 708 South Miller Street  
Santa Maria, CA 93454

Description: Program coordinates referrals for children in need of medical, dental care, and/or vision; coordinates referrals of families in need of food, shelter, clothing, and transportation. Also coordinates dental screenings, and links the families and children to community agencies that provide the support and services needed. Program assists families in completing and submitting applications for Healthy Families, Medi-Cal, or Healthy Kids insurance. Provides 8 parent education workshops each year (two at each of the Healthy Start funded schools: Adam, Battles, Oakley, and Robert Bruce) on preventative health care for children, on discipline, and other topics relating to child abuse prevention, as well as on various topics related to improving parenting skills and building partnerships with the schools children attend. Also, provides a series of 8 workshops/classes on various topics related to parenting and nurturing children between the ages of 0-5. Help coordinate the annual Santa Maria Toys for Tots (Application In-Take, data entry, and distribution of toys).

Area Served: Sections of County: North County

Ages Served: All ages

Case Management: Yes

Fees: No charge for information, referrals, case management, and parent classes

Hours: 8 a.m.-12 p.m. and 1-4:30 p.m. M-F

Languages: Spanish

Wheelchair accessible: Yes

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Agency Name: Santa Ynez Tribal Health Clinic

**Program Name: Santa Ynez Tribal Health Clinic**

Phone: (805) 686-2686 Main Line Confidential non-emergency  
(805) 688-7070 Main Line  
(805) 686-2060 FAX

Address: 90 Via Juana Lane  
Santa Ynez, CA 93460

Description: Medical and Dental Services for Native Americans and Non-Native Americans. Social Services, Indian Child Welfare Act, / Dug-Alcohol and Mental Health Assistance for Native Americans only.

Website: www.sythc.com

Area Served: Sections of County: Central County

Hours: 8 a.m.-5 p.m. M-F

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Agency Name: Santa Ynez Valley People Helping People



**Program Name: Children's Dental Program, People Helping People-S.Y.\***

Phone: (805) 688-2880 Main Line  
(805) 693-8647 FAX

Address: 3525 Pine Street  
Santa Ynez, CA 93460

Description: Provides dental care (screening and treatment) to low-income children. Fees based on a sliding scale. Program works with local dentists who provide services to children referred by People Helping People Service Coordinators.

Website: [www.syvphp.org](http://www.syvphp.org)

Area Served: Sections of County: Central County

Ages Served: 7-18

Eligibility: Low-income children

Fees: Sliding scale

Hours: 9 a.m.-5 p.m. M-F

Intake: Contact Family Service Coordinators for intake. Coordinators located in Santa Ynez, Buellton, Los Olivos, Solvang, Los Alamos, and Sisquoc.

Sliding Scale: Yes

**Program Name: Healthy Start-Jonata School FRC-S.Y.**

Phone: (805) 688-2880 Main Line  
(805) 693-8157 FAX

Address: 301 Second Street  
Buellton, CA 93427

Description: Provides school site community resources information, referrals assistance in seeking medical, dental, youth enrichment and other services. Offers a variety of activities, opportunities to volunteer and support in school/community communication.

Area Served: Sections of County: Central County

Fees: No charge for information, referrals and classes

Hours: 8-11:30 a.m. M-F

Intake: Contact Family Service Advocate

Languages: Spanish

**Program Name: Healthy Start-Los Alamos FRC\***

Phone: (805) 344-3172 Main Line  
(805) 344-4041 FAX

Address: P.O. Box 318  
Santa Ynez, CA 93440

Description: Provides school site community resources information, referrals assistance in seeking medical, dental, youth enrichment and other services. Offers a variety of activities, opportunities to volunteer and support in school/community communication.

Area Served: Sections of County: Central County



Case Management: Yes

Fees: No charge for information, referrals and classes

Hours: 8 a.m.-5 p.m. M-F

Languages: Spanish

**Program Name: Healthy Start-Los Olivos School FRC**

Phone: (805) 688-2880 Main Line

Address: 2540 Alamo Pintado Road  
Los Olivos, CA 93441

Description: Provides school site community resources information, referrals assistance in seeking medical, dental, youth enrichment and other services. Offers a variety of activities, opportunities to volunteer and support in school/community communication.

Area Served: Sections of County: Central County

Case Management: Yes

Continuing Education: Yes

Fees: No charge for information, referrals and classes

Hours: 8 a.m.-4 p.m. M-F

Intake: Contact Family Service Advocate

Languages: Spanish

Spaces Available: Yes

Transportation: Provided

**Program Name: Healthy Start-Main Office Santa Ynez**

Phone: (805) 688-2880 Main Line

(805) 693-8647 FAX

Address: P.O. Box 208  
Solvang, CA 93460

Description: Provides school site community resources information, referrals assistance in seeking medical, dental, youth enrichment and other services. Offers a variety of activities, opportunities to volunteer and support in school/community communication.

Area Served: Sections of County: Central County

Case Management: Yes

Continuing Education: Yes

Fees: No charge for information, referrals and classes

Hours: 8 a.m.-5 p.m. M-F

Intake: Maria Torres, Administrative Assistance

Languages: Spanish

Spaces Available: Yes

Transportation: Provided

**Program Name: Healthy Start-Solvang School FRC\***

Phone: (805) 693-8127 Main Line

(805) 693-8157 FAX



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Address: P.O. Box 1478  
Solvang, CA 93464-1478

Description: Provides information and referral for a wide range of services. Case management including translation, transportation, and advocacy. Works closely with school personnel to promote child and family health and academic achievement. Offers school based services and home visits.

Area Served: Sections of County: Central County

Fees: No charge for information, referrals and classes

Hours: 1-5 p.m. M-F

Intake: Norma Solis, Family Service Advocate

Languages: Spanish

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Agency Name: Senior Nutrition Program of San Luis Obispo County

**Program Name: CAC Nutrition Center-Mussell-S.M.**

Phone: (805) 343-1889 Main Line

Address: Elwin Mussell Center, 510 East Park Avenue  
Santa Maria, CA 93454

Description: Meals served to people 60 and older. Home meal delivery by arrangement.

Area Served: Sections of County: North County

Ages Served: 60+

Eligibility: 60 years and older

Fees: Suggested donations is \$2.25 per meal

Hours: 11 a.m.-12:30 p.m. M-F

Intake: Call 1 day in advance for reservations

Transportation: Provided, Public

Wheelchair accessible: Yes

**Program Name: CAC Nutrition Center-S.M.\***

Phone: (805) 343-1889 Main Line Meal delivery  
(805) 343-7886 FAX

Address: Johnson Temple Church, 619 North Railroad Avenue  
Santa Maria, CA 93454

Description: Meals served to people 60 and older or disabled. If qualified, home meal delivery by arrangement.

Area Served: Sections of County: North County

Ages Served: 60+

Eligibility: 60 years and older or disabled

Fees: Suggested donation is \$2.25 per meal

Hours: 9:30 a.m.-12:30 p.m. M-F, Lunch served at 11:30 a.m., Bingo  
on Friday only

Languages: Spanish

Wheelchair accessible: Yes

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Agency Name: Sojourn Services, Inc.

**Program Name: A Child's Path Therapeutic Interventions Program-S.B.\***



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Phone: (805) 965-0309 x265 Main Line  
(805) 560-3799 FAX

Address: 118 West Arrellaga Street  
Santa Barbara, CA 93101

Description: Provides mental health services to families with children, ages infant through five, who are experiencing emotional, social or behavioral difficulties. Often serves children in high-risk families, who have experienced or witnessed abuse, neglect and/or domestic violence. Children must be Medi-Cal beneficiaries. Services include mental health assessment, family therapy, parent education and support, individual child therapy, interagency collaboration and parent-child skill development. Services are family-focused and are provided in the natural setting of the child or family such as their home or school.

Area Served: Sections of County: South County

Ages Served: 0-5

Case Management: Yes

Early Intervention Assmt: Yes

Eligibility: MediCal eligible

Employment Opportunities: Yes

Hours: 9 a.m.-5 p.m. M-F

Intake: Mental Health Assessment

Languages: Spanish

Medi-Cal, Medicare: Yes

Spaces Available: Yes

Transportation: Public

Wheelchair accessible: Yes

### **Program Name: A Child's Path Therapeutic Interventions Program-S.M.\***

Phone: (805) 614-9535 x23 Main Line  
(805) 614-9390 FAX

Address: 615 South McClelland  
Santa Maria, CA 93454

Description: Provides mental health services to families with children, ages infant through five, who are experiencing emotional, social or behavioral difficulties. Often serves children in high risk families, who have experienced or witnessed abuse, neglect and/or domestic violence. Children must be Medi-Cal beneficiaries. Services include mental health assessment, family therapy, parent education and support, individual child therapy, interagency collaboration and parent-child skill development. Services are family-focused and are provided in the natural setting of the child or family such as their home or school. Bi-lingual, bi-cultural staff available.

Area Served: Sections of County: North County

Ages Served: 0-5



Case Management: Yes  
Early Intervention Assmt: Yes  
Eligibility: MediCal eligible  
Employment Opportunities: Yes  
Hours: 9 a.m.-5 p.m. M-F  
Intake: Mental Health Assessment  
Languages: Spanish  
Medi-Cal, Medicare: Yes  
Spaces Available: Yes  
Wheelchair accessible: Yes

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Agency Name: Support Groups

**Program Name: SUP.GRP.:Abortion Healing-S.B.**

Phone: (805) 963-3602 Main Line  
Address: 22 W. Micheltorena Street, Suite A  
Santa Barbara, CA 93101  
Description: Call for description or for a free 1/2 hour consultation.  
Area Served: Sections of County: South County  
Fees: Sliding scale  
Hours: Call for information

**Program Name: SUP.GRP.:Autism Group-S.B.**

Phone: (805) 683-2145 Main Line  
Address: Alpha Resource Center, 4501 Cathedral Oaks Road  
Santa Barbara, CA 93110  
Description: An information and support group that meets monthly with occasional guest speakers.  
Area Served: Sections of County: South County  
Fees: Free  
Hours: Call for information

**Program Name: SUP.GRP.:Babysafe-S.M.**

Phone: (805) 349-2229 Main Line  
Address: Marian Medical Center, Room B, 1400 East Church  
Santa Maria, CA 93456  
Description: Infant CPR, first aid and child safety from newborn to 12 months  
Area Served: Sections of County: North County  
Eligibility: Having baby at Marian  
Fees: No cost for Marian Clients  
Hours: Call for information

**Program Name: SUP.GRP.:Cerebral Palsy-CNTY**

Phone: (800) 761-1112 Main Line  
(800) 967-3341 Main Line  
(805) 966-1112 Main Line  
Address: United Cerebral Palsy Association, 423 West Victoria Street  
Santa Barbara, CA 93101



Description: Groups open to siblings ages 5-12 whose brother or sister has a developmental disability. Parents groups available.

Area Served: Sections of County: South County

Hours: Call for information

**Program Name: SUP.GRP.:Children and Divorce-S.B.**

Phone: (805) 969-3959 Main Line

Address: Santa Barbara

Description: Support for children and teens on understanding divorce. Groups start as need arises.

Area Served: Sections of County: South County

Fees: Sliding scale

Hours: Call for information

**Program Name: SUP.GRP.:Children Living Well with Asthma-S.M.**

Phone: (805) 938-3000 Main Line

Address: Medical Group of Santa Maria, 110 South Pine Street  
Santa Maria, CA 93454

Description: A seminar for parents and children to learn how to better manage asthma by avoiding triggers, using peak flow meters and taking advantage of current treatments.

Area Served: Sections of County: North County

Fees: Free

Hours: Call for information

**Program Name: SUP.GRP.:Children's Feelings Group-S.B.**

Phone: (805) 962-3363 x7 Main Line

Address: Community Counseling Center, 923 Olive Street, Suite 1  
Santa Barbara, CA 93101

Description: An 8-week group using sand trays, clay, puppets and "feelings banners" to assist children in getting in touch with their feelings and in learning to express them in a healthy way. Goal is to teach children that they are not responsible for their parents behavior and that problems can be resolved without abusive and violent behavior.

Area Served: Sections of County: South County

Hours: 10-11:30 a.m. Sa. Call for registration

**Program Name: SUP.GRP.:Depression-S.B.**

Phone: (805) 893-8064 Main Line

Address: The Ray E Hosford Counseling Clinic, UCSB-Phelps Hall 1110  
Santa Barbara, CA 93106

Description: Provides a support group for depression. Ph.D. student therapists conduct groups which are supervised by licensed psychologist. Depression is sometimes a normal part of life or aging. Sometimes it is not! Effective treatments can help people of all ages.

Area Served: Sections of County: South County

**Program Name: SUP.GRP.:Diabetes Support Group-S.M.**



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Phone: (805) 684-7364 Main Line  
(805) 739-3791 Main Line Sharon  
(805) 739-3796 Main Line MaryAnne  
(805) 965-4011 Main Line

Address: Santa Barbara  
Area Served: Sections of County: North County, South County

Fees: No cost  
Hours: 6:30 p.m. every 2nd Th, Call for information, Call for information

**Program Name: SUP.GRP.:Downs Syndrome Group-S.B.**

Phone: (805) 683-2145 Main Line  
Address: Alpha Resource Center, 4501 Cathedral Oaks Road  
Santa Barbara, CA 93110

Description: An information and support group that meets monthly with occasional guest speakers.

Area Served: Sections of County: South County

Fees: Free  
Hours: Call for information

**Program Name: SUP.GRP.:Eating Disorder Support Group**

Phone: (805) 637-1050 Main Line  
Address: 324 East Carillo Street , Suite C  
Santa Barbara, CA 93101

Description: Eating Disorder Support Group, sponsored by Anorexia Nervosa and Associated Disorders (A.N.A.D.). Facilitated by Debra Dalton, MFT and Anastasia Atwell, MFT Trainee.

Area Served: Sections of County: Santa Barbara County

Ages Served: All ages  
Fees: Free  
Hours: 6-7 p.m. Every Tuesday

**Program Name: SUP.GRP.:Eating Disorders Group-S.B.**

Phone: (805) 564-8104 Main Line  
Address: Holistic Health Services  
Santa Barbara, CA

Description: A group for women to help deal with the issues of eating disorders.

Area Served: Sections of County: South County

Fees: \$25/week, sliding-scale  
Hours: Call for information

**Program Name: SUP.GRP.:Exploring Teen Issues-S.B.**

Phone: (805) 564-3696 Main Line 24 Hour Hotline  
(805) 963-6832 Main Line  
Address: Santa Barbara Rape Crisis Center, 111 North Milpas Street  
Santa Barbara, CA 93103

Description: Program designed to regain empowerment and self-confidence. Explore issues regarding: sexual assault, acquaintance rape, suicide and depression,



drug and alcohol use, body image, childhood molestation and abuse, myths and cultural beliefs, values and goals.

Area Served: Sections of County: South County

Eligibility: Parental/legal guardian consent may be required to participate

Hours: Call for information

**Program Name: SUP.GRP.:HICAP Health Insurance Counseling Assistance Program-CNT**

Phone: (805) 735-3001 Main Line

Address: 1501 East Ocean Drive  
Lompoc, CA 93436

Description: Assistance for HICAP beneficiaries to understand their coverage, HMO's and Medigap insurance. This is for seniors 55+.

Area Served: Sections of County: Central County

**Program Name: SUP.GRP.:Kids Cancer Network-FunLetter-S.B.**

Address: P.O. Box 4545  
Santa Barbara, CA 93140

Description: A national activities letter for kids with cancer. Services available on the web. Local chapter on sabbatical.

Website: [www.kidscancernetwork.org](http://www.kidscancernetwork.org)

Area Served: Sections of County: South County

Fees: Free

**Program Name: SUP.GRP.:Sibling Support Group-Lompoc**

Phone: (800) 761-1112 Main Line

Address: United Cerebral Palsy  
Lompoc, CA 93436

Description: For brothers and sisters of children that have disabilities.

Area Served: Sections of County: Central County

Fees: Free

Hours: Call for information

**Program Name: SUP.GRP.:Special Needs Children-S.B.**

Phone: (805) 683-2145 Main Line

Address: Alpha Resource Center, 4501 Cathedral Oaks Road  
Santa Barbara, CA 93110

Description: Information, support and resources for families who have children with special needs. Call for more information.

Area Served: Sections of County: South County

Fees: Free

Hours: Call for information

**Program Name: SUP.GRP.:Take Off Pounds Sensibly (TOPS)-Lompoc**

Phone: (805) 740-1872 Main Line

Address: Valley of Flowers Half Century Club, 341 North N Street  
Lompoc, CA 93436



Description: Groups for adults, teens and children over 7.

Area Served: Sections of County: Central County

Eligibility: none

Fees: \$20 yearly membership, \$3 monthly dues

Hours: 8:15-10:15 p.m. Tu

Intake: Come to meeting

**Program Name: SUP.GRP.:Take Off Pounds Sensibly (TOPS)-S.B.**

Phone: (805) 897-2568 Main Line

Address: 7465 Hollister Avenue  
Goleta, CA 93117

Description: Weight loss group for adults, teens and children over 7.

Area Served: Sections of County: South County

Hours: 6:30-8:30 p.m. M

**Program Name: SUP.GRP.:Take Off Pounds Sensibly (TOPS-2)-S.B.**

Phone: (805) 964-7257 Main Line

Address: Davis Center, 1232 De La Vina Street  
Santa Barbara, CA 93101

Description: Weight loss group for adults, teens and children over 7. Offers support and healthy suggestions.

Area Served: Sections of County: South County

Fees: \$20 per year to join plus \$2 monthly fee

Hours: 10 a.m.-11:30 a.m. every Th

**Program Name: SUP.GRP.:Youth Bereavement Group-S.B.**

Phone: (805) 563-8820 Main Line

(805) 563-8821 FAX

Address: Hospice of Santa Barbara, 520 West Junipero Street  
Santa Barbara, CA 93105

Description: For youths ages 8-16 who have a family member or a friend who has died or has a life threatening illness.

Area Served: Sections of County: South County

Hours: 5:30-7 p.m., 2nd, 4th Th

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Agency Name: Surgical Eye Expeditions (SEE) International, Inc.

**Program Name: Surgical Eye Expeditions International, Inc.-S.B.\***

Phone: (805) 963-3303 Main Line

(805) 965-3564 FAX

Address: 27 East De La Guerra, Suite C2  
Santa Barbara, CA 93101

Description: Provides eye care to Santa Barbara County Residents who do not have medical insurance. S.E.E.'s program, Santa Barbara Vision Care, provides vision screening by appointment only. If eye surgery is needed it is provided through an application process with S.E.E. International.

Website: [www.seeintl.org](http://www.seeintl.org)

Area Served: Sections of County: South County



Ages Served: 3+  
Eligibility: No other access to eye care  
Fees: None  
Hours: 8 a.m.-5 p.m. M-F  
Intake: Contact by phone for details  
Languages: Spanish  
Transportation: Public  
Wheelchair accessible: Yes

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Agency Name: The Glendon Association

**Program Name: The Glendon Association-S.B.**

Phone: (800) 663-5281 Main Line  
(805) 681-0415 Main Line  
(805) 681-0425 FAX

Address: 5383 Hollister Avenue, Suite 270  
Santa Barbara, CA 93111

Description: Provides educational programs in the area of preventative mental health via documentary films, printed materials and training workshops. No direct services are available. Information addresses suicidal risk assessment and treatment, child abuse prevention through parent education, couple relations and sexuality, death anxiety and existential issues and research into violence risk potential.

Website: [www.glendon.org](http://www.glendon.org)

Area Served: Sections of County: South County

Continuing Education: Yes

Employment Opportunities: Yes

Hours: 8 a.m.-5 p.m. M-F

Transportation: Public

Wheelchair accessible: Yes

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Agency Name: Tri-Counties Regional Center

**Program Name: Early Start Program-S.B.\***

Phone: (805) 962-7881 x204 Main Line  
(800) 322-6994 Additional Line  
(805) 884-7229 FAX

Address: 520 East Montecito Street  
Santa Barbara, CA 93103

Description: Tri-Counties Regional Center and local education agencies serve as points of entry for the Early Start Program. The program provides early intervention services for infants ages three and under. To be eligible a child must have a developmental delay or disability or be at risk for delay or disability. Once a child is referred the assessment team completes a comprehensive evaluation to determine eligibility. Upon completion of the assessment (if the child is eligible) parents and professionals develop an Individualized Family Service Plan (IFSP). Family-focused services are



designed to maximize a child's growth and development. Some of the services provided include assistive technology, hearing and vision services, counseling, home visits, respite, medical and nursing services, physical and occupational therapy, special instruction, speech and language services, infant development and educational programming and transportation.

Website: [www.tri-counties.org](http://www.tri-counties.org)

Area Served: Sections of County: South County

Ages Served: 0-3

Case Management: Yes

Early Intervention Assmt: Yes

Eligibility: Call Early Start Coordinator

Fees: No fees for Early Start services

Hours: 8:30 a.m.-5 p.m. M-F

Languages: Spanish

Number Served: 7000+

Transportation: Public

TTY: Yes

Wheelchair accessible: Yes

**Program Name: Early Start Program-S.M.\***

Phone: (805) 922-4640 Main Line

(800) 266-9071 Additional Line

(805) 922-4350 FAX

Address: 1234 Fairway Drive, Suite A  
Santa Maria, CA 93455

Description: Tri-Counties Regional Center and local education agencies serve as points of entry for the Early Start Program. The program provides early intervention services for infants ages three and under. To be eligible a child must have a developmental delay or disability or be at risk for delay or disability. Once a child is referred the assessment team completes a comprehensive evaluation to determine eligibility. Upon completion of the assessment (if the child is eligible) parents and professionals develop an Individualized Family Service Plan (IFSP). Family-focused services are designed to maximize a child's growth and development. Some of the services provided include assistive technology, hearing and vision services, counseling, home visits, respite, medical and nursing services, physical and occupational therapy, special instruction, speech and language services, infant development and educational programming and transportation.

Website: [www.tri-counties.org](http://www.tri-counties.org)

Area Served: Sections of County: North County

Ages Served: Infant-3 years

Case Management: Yes

Early Intervention Assmt: Yes

Eligibility: Call Intake Coordinator

Employment Opportunities: Yes



Fees: Parental contributions, MediCal, Medicare, fees in some cases  
Hours: 8:30 a.m.-5 p.m. M-F  
Intake: Process by interview  
Languages: Spanish  
Medi-Cal, Medicare: Yes  
Transportation: Public  
Wheelchair accessible: Yes

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Agency Name: University of California, Santa Barbara

**Program Name: Resource Center for Sexual and Gender Diversity-  
S.B.**

Phone: (805) 893-5847 Main Line  
(805) 893-3289 FAX

Address: Ucen Room 31357, 3rd floor, University California S.B.  
Santa Barbara, CA 93106

Description: Offers a safe, supportive, and welcoming environment for lesbian, gay, bisexual, transgender, queer, genderqueer, intersex, and ally members of the UCSB community. Offers a Rainbow Lounge where students, faculty, and staff can watch videos, study, or read. Internet access, printer, and scanner available in the David Bohnett CyberCenter, housed in the same location. Lending library of educational books and videos on various topics available. Sponsors numerous cultural and educational events throughout the year.

Website: [www.sa.ucsb.edu/sgd](http://www.sa.ucsb.edu/sgd)

Area Served: Cities: Lompoc, Santa Barbara, Santa Maria, Santa Ynez. Sections of  
County: Santa Barbara County

Ages Served: 17+

Eligibility: Priority given to UCSB students, faculty, and staff

Fees: None

Hours: 10 a.m.-5 p.m. M-F

Intake: Call, email, or in person

Number Served: 500/mo

Scholarships Available: Yes

Wheelchair accessible: Yes